

THE NEW OREGON TRAIL

An Official Publication of
The Delta Kappa Gamma Society International for Key Women Educators
Oregon State Organization



Mission: *The Society promotes professional and personal growth of women educators and excellence in education.*

Vision: *Leading women educators, impacting education worldwide.*

Vol. 47, No. 3

March 2019



**Darlene Cook, Alpha/2
Candidate President 19 -21**

Darlene Cook, Alpha/2, Klamath Falls, joined DKG in 2004. Darlene served as World Fellowship chair, Legislative chair, 2nd Vice President, 1st Vice President, and President. At state level, she was on the Educational Excellence Committee and is currently Oregon Vice President. She is a 2014 graduate of the Golden Gift Leadership Management Seminar.

Darlene recognized early that decisions made in Salem and in Washington, D.C. affected her, her classroom, and her students. She became active with the OEA on issues impacting education and the welfare of children and families. She represented her UniServ Council on OEA's Legislative Advisory Council and Congressional Advocacy Team. This interest in legislation carried over to DKG. Darlene served two terms as NW Regional Representative on the US Forum Steering Committee, where she was responsible for planning Forum Sessions at the 2015 and 2017 NW Regional Conferences and was on the committee that planned and imple-

mented the 2016 and 2018 National Legislative Seminars and US Forum Sessions at Int'l Conventions.

With a BA in German and a MEd from Linfield, Darlene taught in Madras: German, social studies, drama and English, plus directing plays and organizing/leading travel-study programs. Next, Darlene substituted and tutored. After a long-term substitute position in special needs, Darlene attended WOU for special education certification. She taught special needs students, then was a K-8 resource teacher for 18 years. She retired from Klamath County Schools in 2009 but continued her career as a substitute teacher and tutor in the Klamath Basin. Darlene is currently State President of the Oregon Retired Educators Association.



**Brenda Jensen, Alpha/2
Candidate Vice President 19 -21**

Brenda Jensen received her degree in Speech and Language Pathology from Pacific University in 1975. Graduate studies at University of Oregon and Western Oregon University followed. Brenda began her career in 1975, working for 3 years at the Malheur ESD. She transferred to the Klamath

County School District as a Speech and Language Pathologist, where she remained for 27 years, retiring in 2005. After retirement, Brenda worked one year as a Resource Specialist at Chiloquin Elementary, then subbed, tutored, and worked 8 hours a week at Early Childhood Intervention (ECI). Brenda says, "I so much enjoyed working at ECI with 3- to 5-year-old children that I have continued to work with ECI to present." She is also the Board-Chair for Klamath Head Start.

In DKG, Brenda is currently on her third biennial as President of Alpha Chapter. As a candidate for vice president of the Oregon State Organization of DKG, Brenda sees her role as this: "If elected, I plan to assist the President to increase membership and make her biennium the best it can be."



Candidate for Secretary 19 -21

Here's an ideal opportunity for one of your chapter members to step into a state leadership role--and it's one that does not require major time commitment. Take notes at state business meetings twice a year & submit them for review. Send them to the state board. Ensure that voting officers sign in and that a quorum is present.

**Nominate a qualified friend
or nominate yourself.**

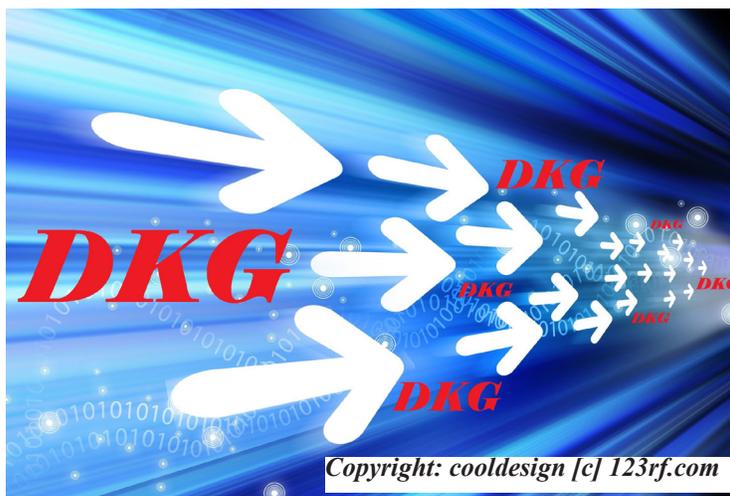
PRESIDENT'S PAGE



*Kelly McIntyre, 2017 - 19 President
Oregon State Organization*

Spring is on its way, ladies. What do you have planned? This is the time to start thinking about conferences, conventions, and summer plans, which makes me think about marketing. Is it the advertisers that keep us thinking ahead, or do we do it ourselves because we like to plan ahead? Swim suits are out when it's snowing. Don't try to find one in the summer, since they won't be there because that space is taken up with winter coats. Want Christmas decorations? Better shop before Halloween. The early bird catches the worm, right?

Well, I'm not a bird, and I don't like worms but I do like to plan ahead, maybe not for swim suits and Christmas decorations but definitely for conferences and conventions. Have you started thinking about it? Oregon State Convention is early this year, April 5-7. Darlene and Kathy have some great events going full swing from Friday to Sunday noon. This will be an event-packed weekend. We will be in Salem at the Holiday Inn on Market Street, which should be easy to find. Registration forms are on our state website (dkgoregon.weebly.com), check it out and see all the planned activities.



Together we can do this, helping each other, never alone.
We are supported by sisters and by International Office.

Now, what about conferences? This year International is doing it differently. Each regional conference will feature a different topic. You choose which fits your needs. If Arts and Humanities is your interest, go to North Carolina. If it's Leadership, you'll want to travel to Iowa. Technology is in California while Professional Research and Practices is in Iceland. The last conference of the year will be in Connecticut, focusing on Global Awareness. If some of these sound interesting, go to the International website (www.dkg.org) and check them out. Registration is now open.

Whether you're an early bird or a procrastinator or somewhere in between, conferences and convention will be here before you know it. Jump on your opportunity to connect with amazing DKG women and gain knowledge for personal and professional use—and PDU's if you need them. I'm always impressed with how just one workshop or keynote speaker can help move me forward in my life. Bring a friend; nonmembers are welcome. Let's see how many of us can be moved forward in DKG this year.

Kelly

The DKG Oregon Convention offers YOU the opportunity to earn nine--Yes, 9!--PDU's toward your goal. See page 15 to discover how that can be done.

LEARN & EARN!!

COLLEGE CREDIT, TOO!!

One graduate quarter-hour through Western Oregon University is available to members attending the convention and completing an assignment. The cost is \$60 plus a \$20 processing fee payable to the university. Information is available at the registration table.

**FORWARD
MOVING EVER
IN DKG!**

FOR YOUR CALENDAR

Oregon 2019 Convention

April 5 - 7, 2019
Holiday Inn (former Red Lion)
3301 Market St., N.E.
Salem, OR 97301



International Conferences

June 27 - 29
Arts & Humanities
Asheville, North Carolina

July 10 - 12
Leadership
Des Moines, Iowa

July 17 - 20
Technology
Costa Mesa, California

July 25 - 27
**Professional Research
& Practices**
Reykjavik, Iceland

July 30 - August 1
Global Awareness
Mashantucket, Connecticut

2017 - 19 ALPHA RHO STATE EXECUTIVE BOARD

Ideas? Questions? Contact us!

President Kelly McIntyre
174 NE Danbury Ave,
Hillsboro, OR 97124
(808) 927-1856
kellymci@hotmail.com

Vice President Darlene Cook
11803 N.E.124th Ave., #C22
Vancouver, WA 98682
(541) 331-3282
kfteach@aol.com

Secretary Kaye Jones
P O. Box 1136
Jefferson, OR 97035
(541) 327-3514
swmscteach@aol.com

Treasurer Madaline Lapp
508 Lapp Ln.
Roseburg, OR 97471-9356
541-679-6359
madaline@wildblue.net

Immediate Past President
Dr. Cindy Ryan
2134 SW Coast Ave.,
Lincoln City, OR 97367
218-393-5873
ryanc@mail.wou.edu

Parliamentarian Nancy Lewis
16730 SW Jordan Way
Tigard, OR 97224
(503) 639-7050
nancyjolewis@gmail.com

Editor Marie Mueller
527 Edgewater Dr.
Grants Pass, OR 97527-5489
541-479-6726
cwmueller33@gmail.com

Administrative Secretary
Bonita Fillmore
1803 Lancaster Ave.
Klamath Falls, OR 97601
(541) 884-2374
bfillmore55@q.com

Webmaster Grace Pitzer
P.O. Box 19113
Portland, OR 97280-0113
(503) 709-2689--cell
gcpitzer@comcast.net

GENERAL INFORMATION PAGE

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Oregon State Organization

The Delta Kappa Gamma Society
International for
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Marie Mueller, Editor
527 S.W. Edgewater Dr.
Grants Pass, OR 97527-5489
cwmueller33@gmail.com
541-479-6726

Send ADDRESS CHANGES to
DKG International Headquarters
416 W 12th St.
Austin, TX 78701-1817
lindad@dkg.org

Copy Bonita Fillmore at
bfillmore55@q.com

REMEMBER:

DUES ARE DUE TO CHAPTER TREASURERS BY JUNE 30, 2019!

Next Trail deadlines

May 20, 2019
August 15, 2019
January 5, 2020

Send events, photos, and chapter
chatter to Marie at
cwmueller33@gmail.com

**ALPHA RHO STATE BUDGET
2019-2020**

ESTIMATED INCOME

ACTIVE MEMBERS	380 @ 24.00	\$9,120.00
RESERVE MEMBERS	40 @ 14.00	\$560.00
INITIATES	20 @ 2.50	\$50.00
CONVENTION TRAIL FEE		\$100.00
CARRY OVER		\$3,000.00
TOTAL INCOME		\$12,830.00

ESTIMATED EXPENSES

OFFICERS//SPECIAL PERSONNEL 5000

5001 PRESIDENT		2,775
5002 VICE-PRESIDENT		975
5003 SECRETARY		375
5004 PARLIAMENTARIAN		200
5005 TREASURER		725
5006 IMMEDIATE PAST PRESIDENT		690
5007 ADMINISTRATIVE SECRETARY		375
SUB-TOTAL		\$6,115.00

STANDING COMMITTEES 5100

5111 EXPANSION		0
5112 LEADERSHIP DEVELOPMENT		260
5113 FINANCE		470
5114 MEMBERSHIP		290
5115 NOMINATIONS		200
5116 BYLAWS		200
5117 EDUCATIONAL EXCELLENCE		590
5118 COMMUNICATIONS		150
5119 MUSIC REPRESENTATIVE		250
5120 SCHOLARSHIP/FINANCIAL AWARDS		175
5121 DISTRICT COORDINATORS		
5121A DISTRICT 1		190
5121B DISTRICT 2		190
5121C DISTRICT 3		190
5121D DISTRICT 4		190
5121E DISTRICT 5		190
5121F DISTRICT 6		190
SUB-TOTAL		\$3,725.00



**ATTENTION!
IMPORTANT
TRAINING FOR
TREASURERS!**

April 5: On Friday evening after the General Session, chapter treasurers will meet with Dr. Donna Niday, our International guest, and Oregon State Treasurer Madaline Lapp.

Learn about the new processing and scheduling of dues payments for the upcoming year. Several changes were made at International Convention that affect the responsibilities of each chapter treasurer.

If your treasurer is not able to attend the convention, another chapter member should attend this important meeting.

BUDGET, continued.

BUSINESS EXPENSES 5200

5210 ADMINISTRATIVE SUPPLIES/EXPENSES	400
5220 AWARDS	350
5231 BUSINESS FEES: financial review, etc	600
5232 THE NEW OREGON TRAIL	
5232A PRINTING AND DISTRIBUTION	1,200
5232B EDITOR	400
5260 COURTESIES	40
5280 CONTINGENCY FUND	0
SUB-total	\$2,990.00



BUDGET TOTAL **\$12,830.00**

The Finance Committee recommends the following:

1. The mileage reimbursement for 2019-2020 is 28 cents per mile after the first 60 miles round trip. The president and vice-president shall be exempt from the 60 mile round trip deduction.
2. The annual Chapter Treasurer's Bonding fee for biennium's 2017-18 through 2022-23 is \$17.50 per year.
3. Biennium dues increase 2019-2021 @ \$1.00.



Submitted by Vickie Jackson, Finance Committee

Remember: We'll be voting on the proposed changes to the Bylaws and Standing Rules at convention. If you have lost your copy (it was in the January edition of *The New Oregon Trail*), you can find them online:

Bylaws

https://dkgoregon.weebly.com/uploads/8/4/3/3/84337872/bylaws_trail_-_copy2.pdf

Standing Rules

https://dkgoregon.weebly.com/uploads/8/4/3/3/84337872/standing_rules_trail_-_copy.pdf

INVITE A NON-MEMBER TO CONVENTION!

Looking for new chapter members? Find some prospects and invite them to convention. We have outstanding keynote speakers and a variety of workshops to attend. Your guests will be impressed! Go to <https://dkgoregonconvention.weebly.com/>, run a copy of the non-member registration form, and give it to a prospective member. Encourage your prospect to go to the website and read about everything happening at convention. The registration form addresses just what's happening on Saturday, but once they're registered, they're invited to Friday night and Sunday morning happenings if they are interested. We will be offering 1.0 PDU for Friday night and a 0.5 PDU for Sunday morning's keynote.

2019 Oregon State Organization Convention Schedule

Friday

9:00-2:00 p.m.	Legislative Day at the Capitol
2:00-8:00 p.m.	Registration - Boutique and Baskets
2:00-5:00 p.m.	Hospitality Room Open
6:00-7:30 p.m.	Family Literacy Night
8:00-9:00 p.m.	General Session I – Special Guests 2019 Oregon’s Kid Governor, Erika Baldwin Olga Cobb, Salem-Keizer Director of Elementary Education <i>Moving Forward: Training Future Educators</i> Amy Snyder, West Salem High School, <i>Musical Entertainment</i>
9:00-9:30 p.m.	Chapter Treasurer’s Meeting with Dr. Donna Niday and State Treasurer, Madaline Lapp
9:00 p.m.	Hospitality Room Open – Welcome International Guest, Dr. Donna Niday

Saturday

6:30-7:20 a.m.	Hospitality Room open for coffee and light breakfast- Hotel Guests Breakfast in lobby
7:00-9:30 a.m.	Registration
7:00-8:00 a.m.	Boutique and Baskets
7:30-8:00 a.m.	Business Meeting
8:00-8:50 a.m.	General Session II - Keynote Speaker – Dr. Ajit Jetmalani, <i>Moving Forward: Meeting the Needs of Youth with a Trauma Informed Lens</i>
9:00-9:50 a.m.	Workshop Session I (4 workshops)
10:00-10:50 a.m.	Workshop Session II (4 workshops)
11:00-11:50 a.m.	Workshop Session III (4 workshops)
12:00-1:45 p.m.	Birthday Lunch/Keynote – Annarie Wergeland, School Counselor and students, <i>Moving Forward: Using Positive Actions to Address Conflicts in Schools</i>
2:00-2:50 p.m.	Workshop Session IV (4 workshops)
3:00-5:00 p.m.	General Session III
5:00-5:15 p.m.	Basket Drawings (pick up baskets 5:30-6:45)
5:15 p.m.	Practice - Installation of Officers
6:00-8:00 p.m.	Open Bar
6:45 p.m.	Installation of new State Officers
7:00 p.m.	Introduce Chapter Presidents
7:15 p.m.	President’s Banquet
<i>After Banquet</i>	Hospitality Room – Reception for new state officers

Sunday

7:30-8:00 a.m.	White Rose Ceremony
8:00-8:30 a.m.	Executive Board Meeting
8:30-9:30 a.m.	Friendship Breakfast
9:30-10:00 a.m.	Keynote-Carrie Beth Langham, Product Development Manager at Nike <i>Body Positivity</i>
10:00-10:30 a.m.	Announce new State Committee Chairs and have members sign up to be on committees
10:30-11:45 a.m.	Roundtable Discussion led by International Guest, Dr. Donna Niday

2019 STATE CONVENTION WORKSHOPS

Workshop Session 1 – 9:00-9:50a.m.



Implementing: Act Early! Developmental Resources for Families (Family Support-Early Childhood)

Dr. Sherri Alderman, Act Early Ambassador to Oregon

Presider: Sandy Watts, Alpha Omicron/4

This interactive workshop will introduce the Center for Disease Control and Prevention (CDC) resources ***Learn the Signs. Act Early!*** These parent resources educate adults about early childhood development and empowers parents and caregivers to have an active role in monitoring young children's development.



Special Education Potpourri (Family Support – Elementary-Secondary)

Shelly Gruver, Kappa/3, Special Education Teacher

Presider: Elaine Hall, Kappa/3

Come be part of an interactive workshop addressing New Legislation for Special Education. Inclusion-Is it really the best for kids? What's Working? What's Not? How can we best support families? Learn about other hot topics in Special Education.



Liberty House: Uniting Our Community to Keep Children Safe (Community Support - For All)

Kelley Parosa, Project Coordinator Liberty House Prevention Services

Presider: Annette McCoy, Alpha Omicron/4

This workshop will provide an overview of the prevalence of child abuse, warning signs, and the purpose of Child Abuse Assessment Centers. Using video and facilitated discussion, attendees can discuss the following; How communities can help parents and caregivers keep their children safe from sexual predators, the growing numbers of children involved in "sexting" and bullying, and ways to create social norms that keep children safe by building relationships.



Cinderella Around the World (For All)

Dr. Donna Niday, DKG Northwest Regional Director from Iowa

Presider: Dr. Yvonne Fasold, Lambda/3

We are becoming a more global society. Join Dr. Niday as she shares 35 different versions of the Cinderella story and learn about cultural uniqueness and differences.

Workshop Session 2 – 10:00-10:50a.m.



Oregon's Early Learning Hubs: Aligning Services and Resources for Children and Families (Family Support - Early Childhood)

Lisa Harnisch, Executive Director, Marion and Polk County Early Learning Hub

Presider: Alice Hartness-Reichle Phi/6

Come learn more about the investments in early learning happening statewide! Learn about the function of Early Learning Hubs and how they work across sectors (Human Services, Health, Early Learning, K-12 Education and Business) to create local systems that are aligned, coordinated, and family-centered. This workshop will help you locate the Hub closest to you and will share how the Marion & Polk Early Learning Hub invests in its community to accomplish the goals above.





Professional & Technical Writing (Secondary-Higher Ed)

Marie Mueller, State Editor; Retired technical writing (and composition) instructor, Omega/2

Presider: Tawnya Campbell, Omega 2

Technical and professional writing looks different, sounds different, and has different purposes from that of composition or creative writing. For professional work, writers need to master research, planning, outlining, organizing and validation. To survive in the workplace, writers need to master common workplace technology. Yes, you still need to write complete sentences. Yes, you still need to organize paragraphs. However, the content shifts from opinion (subjective) to objective and is written to support goals and focus of the organization.



State Book Club: The Unlikely Pilgrimage of Harold Fry by Rachel Joyce (Personal Enrichment - DKG)

Kelly McIntyre, Psi/5, School Counselor, Oregon State President

Presider: Kelly McIntyre, Psi/5

This is a novel of charm, humor, and profound insight into the thoughts and feelings we all bury deep within our hearts. Come share your thoughts and experiences as you read about Harold Fry and his unlikely pilgrimage.



Car Maintenance 101 (Personal Enrichment – For All)

Lyle Mordhorst, Manager, West Salem Les Schwab Tire Center (Retired)

Presider: Jill Snyder, Alpha Epsilon/5



This workshop will cover how to maintain your car so it will be safe to drive. It includes information on maintenance of tires, brakes, shocks & struts, alignment and batteries.

Workshop Session 3 – 11:00-11:50a.m.



A Successful Literacy Project Connecting DKG, Schools and Families: B.E.A.R (Family Support -Early Childhood-Elementary)

Judy Brimmer, Alpha/2 B.E.A.R. Coordinator

Brenda Jensen, Alpha/2 Oregon State Communication Chair

Presider: Shirley Lomax, Alpha Epsilon 5



The #1 concern and question for educators is, “How can we support our school families, encourage literacy and help students come to Kindergarten better prepared?” This workshop will show how Kathy Martell’s 2013 President’s Project, BEAR, has been a successful literacy project in Klamath Falls for over 5 years. Hear about our literacy goals and see the data we collected to show our success. Learn how we are expanding our program and receive a packet of materials to help you in starting a program.



Family Building Blocks: Keeping Children Safe and Families Together (Community Support - Early Childhood–Family Support)

Heather Hawkins, Director of Community Relations

Presider: Marie Mueller, Omega 2



This workshop is an introduction to Family Building Blocks, a local non-profit agency that works with families who have newborns-five year olds. We provide home visiting services, referrals, drop in child care, parenting classes, and therapeutic classrooms to enrich young children’s experiences and assist in preparing them for kindergarten. We will share individual family stories as well as the brain science behind our work. If you would like to learn more about our work in early childhood and supportive family services as well the ACE study (Adverse Childhood Experiences) and how we work with high risk families with young children, this is the workshop for you!

Session 3 offers three workshops, rather than four, as one presenter had to drop out.



Disaster Resilient Classrooms: Tips to Prepare Yourself, Your Students and Your Classroom (Community Support – Elementary-Secondary)

Kimber Townsend, Program Coordinator, Polk County CERT

Presider: Dr. Yvonne Fasold, Lambda/3

A brief look at types of disasters and timelines to recovery; followed by discussion of short and long term solutions. This will help educators prepare themselves and create resilient classrooms to better care for their students.

Workshop Session 4 – 2:00-2:50



Working Together: High School Career and Technology Class Supports Literacy (Family Support – Preschool-Secondary)

Kathy Martell, Alpha Epsilon/5 – Miranda Cryns, Vice Principal McKay High School – Joe Simon, Woods II Teacher South High School

Presider: Kathy Martell, Alpha Epsilon/5

Learn about the goals Salem-Keizer School District has for their Career and Technology programs. As a result of these programs Alpha Epsilon Chapter and South Salem High’s Woods II Class have developed a partnership to work on projects that support literacy. With a DKG Educational Foundation Grant, the Woods II class was able to build ten Little Free Libraries last school year and install them in Salem and the surrounding area. Learn how this partnership benefitted high school students, Preschool Promise students and families. Come learn what the partnership did this year too!



Breathe In, Breathe Out, Repeat (Personal Enrichment - For all)

Peg Cowens, Lambda/3, Retired Mentor Teacher

Presider: Lise Van Brunt, Omega/2

Breathing controls stress and helps to regulate emotions. Come to a guided breathing session to practice at least 5 techniques to teach students and families how to move past anxiety, anger and frustration. You will leave relaxed and will acquire tools and resources to help minimize stress.



Relax, Paint Rocks: Rock Mandalas (Personal Enrichment, Elementary)

Helen Cunha, Kappa/3, Retired Special Ed Teacher

Presider: Teresa Shinn, Kappa/3

Hear information about Mandalas and learn how to incorporate the project into a lesson plan for an art project in the classroom. You will be able to take your art work home. Come enjoy and “relax.”



The ARCHES Project: Coordinated Entry for Housing and Supportive Services for Basic Needs (Community Support - For All)

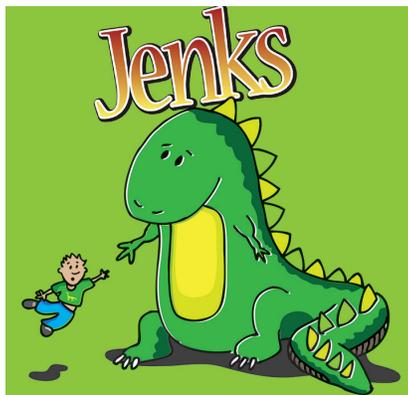
Ashley Hamilton, ARCHES Project Associate Program Director

Presider: Nancy Lessard, Alpha Omicron/4



Learn about a data-driven examination of homelessness in Marion and Polk Counties. We will review the best-practice service delivery models employed at The ARCHES Project, and our outlook on reducing homelessness for individuals and families. We will dive into who makes up these communities, what are their barriers, and end with the connection between housing stability and wellness using the Social Determinates of Health Framework.

FRIDAY NIGHT IS SPECIAL! FACTS, FUN, AND FROLIC!



FAMILY LITERACY NIGHT

In keeping with our theme of *Moving Forward: Supporting Families and Education*, Alpha Epsilon is hosting a Family Literacy Night using funds awarded by DKGEF.

5:30-7:30 p.m. Local organizations host display tables to inform families of services.

6:00-6:30 p.m. JENKS, a local musician-magician, along with his pet dinosaur, will perform for the families.

6:30-7:15 p.m. Families will rotate around stations with their “traveling passports” to complete each activity. High school students will be supervising activities.

7:15-7:30 p.m. Everyone will come back together to hear the story *Saturday Night at the Dinosaur Stomp* and to participate in the last dance at the STOMP led by Kathy Martell, Alpha Epsilon Chapter.

GENERAL SESSION I

Oregon’s 2019 Kid Governor®

Do you know that Oregon has a state-wide civics program for 5th graders to help them understand our democratic voting process? At the Friday night General Session I, you will meet Oregon’s 2019 Kid Governor®, Erikka Baldwin from Eugene, who was sworn

in January 8, 2019, at the Oregon State Capitol. She is serving a one-year term with all the benefits and responsibilities of being a Kid Governor. Her



Erikka Baldwin

duties include sharing her issue statewide with constituents, writing posts for an official blog, meeting and speaking with students and adults across the state, participating in programs and events with the Oregon Secretary of State’s Office, and having a special office in Salem.

Erikka is a student of DKG member Karen Olsen, Lambda/3. Karen will introduce Erikka and explain how her 5th grade class came to nominate her for this position. Erikka will share about the community issue she will be addressing during her year as Kid Governor and why it’s important. State Archivist Mary Beth Herkert will also be speaking on how she works with the Secretary of State’s Office to manage the program.



Olga Cobb

Moving Forward: Training Future Educators: Olga Cobb is one of three Directors of Elementary Education for Salem-Keizer Public Schools. She served as principal at both Highland Elementary School and Chávez Elementary School before accepting this position in June 2018. While at Chávez Elementary, Olga led the teacher preparation partnership

between her school and two universities in the Salem-Keizer area for six years. At our General Session I Friday night, she will share the unique, very successful student teacher experience future teachers are having at Chávez Elementary because of its partnership with Western Oregon University.



Since DKG now accepts women who are college seniors for student membership, this might give chapters ideas on how to connect with them. It is important to introduce future educators to the benefits of becoming active DKG members as they start their teaching careers.

Amy Snyder (left)



Amy Snyder will provide musical entertainment Friday night to close out General Session I. Amy is a sophomore at West Salem High School and is a very talented musician and vocalist. She will be introduced by her mother, Jill Snyder, a member of Alpha Epsilon/5.

KEYNOTE SPEAKERS to Inspire and Inform
CONVENTION! APRIL 5 - 7, 2019

See YOU in Salem!

Registration
page 19

SATURDAY MORNING
Dr. Ajit Jetmalani



Joseph Professor of Child and Adolescent Psychiatry, Head of the Child and Adolescent Psychiatry at Oregon Health & Science University

Moving Forward: Meeting the Needs of Youth with a Trauma-Informed Lens

Since completing training at the Yale Child Study Center in 1988, he has worked in Oregon with children, youth, adults, and their families at all levels and is consultant to the Oregon Health Authority on policy implementation for the children's system. He has a strong interest in training the next generation of child psychiatrists and other health care professionals with a lens that is trauma-informed and based on finding and developing strengths of children and families. Dr. Jetmalani will highlight youth health needs and discuss tactics that educators can use to support these needs in their classrooms.

SATURDAY LUNCH
Annarie Wergeland



***MOVING FORWARD:
USING POSITIVE ACTIONS
TO ADDRESS CONFLICTS IN
SCHOOLS***

Annarie Wergeland, is a school counselor at New Urban High School in Oak Grove, a magnet school within the North Clackamas School District. Annarie and a few students will be our keynote speakers at Saturday's lunch. They will explain their separate processes for addressing conflict at school: (1) trained peer mediators and peer mentors and (2) artistic, peace-making responses to conflict. They will bring student portrait banners that are part of the *Landscapes of Seeing and Belonging* exhibit to display, and students will talk about their experiences as artists, peace-makers, and mediators.

SUNDAY MORNING
Carrie Beth Langham



Finding My Voice in the Asterisk: A Personal Journey of Self-Love Ignites a Movement for All

Join Carrie Beth Langham, Product Development Manager at Nike, to hear about her personal journey of transformation from self-hate to self-love. She used her newly discovered voice in one of the largest companies in the world to create a movement centered around body positivity, holistic wellness, and female empowerment. She will share statistics and awareness on origins of body image issues in youth and the impact it has through adulthood. Let's change attitudes about different body shapes.

BRING BASKETS!

A-ticket, a-tasket, a green and yellow basket . . .

District 2 is looking forward to a bounteous display of beautiful baskets to tempt your purses. **All proceeds go to Oregon scholarships.**

Here's what you need to know:

- Appoint or elect a chair and a supporting committee for your chapter's basket.
- Find a big, attractive basket. Select a theme..
- Send a request to your members asking for theme-appropriate items to be donated or for dollars to be donated to supply anything missing.
- On Friday, April 5, deliver your basket to the room chosen (this is "TBA" at present) at the Holiday Inn. Hours will be posted or will be in your convention packet.

2019 CONVENTION BASKET LABEL

- Chapter Name and District
- Basket Committee members
- Basket Theme
- List of everything you have included
- Total value of contents



How about a "basket" full of gold coins from a leprechaun's stash?

BRING A BAG!

Some workshop and business sessions may have handouts, so come prepared with something to make them easy to pack around.

BRING YOUR CHECK-BOOK/CASH so you can:

- select your favorite items at the Unique Boutique,
- buy tickets for the Bountiful Basket drawing, and
- contribute, if you wish, to the Birthday Lunch donations to various funds.

DKG Oregon State Organization Supports the



Diaper Drive



At State Convention this year, we are partnering with Les Schwab to support their annual Diaper Drive for the Family Building Blocks (FBB) Relief Nursery. FBB has several locations in Salem and other nearby cities that work toward "Keeping Children Safe and Families Together." Even though the Diaper Drive goes for the month of April, Les Schwab is setting up a collection site at the Holiday Inn just for us during convention weekend.

Please **BRING** a package of diapers to donate and help support our convention theme, "Moving Forward: Supporting Families and Education!"

BRING
YOUR
VERY
BEST
SMILES
TO
SHARE



CANDIDATES FOR NOMINATIONS COMMITTEE

Annette McCoy-Cansler
Alpha Omicron, Dst. 4



Annette McCoy lives in Scappoose and has been a member of Alpha Omicron Chapter since 2011. Over the last 8 years, she has helped on many committees, worked on fundraisers, and supported many chapter activities. Last year she was elected as co-president.

Annette taught for 33 years in the St. Helens Schhol Dst., mainly teaching 5th grade. Retired for just a year, Annette is enjoying all the benefits of retirement.

Pam Rostron, Candidate
Beta Beta, Dst. 5



I have been a member of Beta Beta Chapter since 2003. I have served as Co-Vice President, Co-President, and on numerous committees for our chapter. I am currently Co-Membership and Co-Nominations Committees chair. When Susan Herron passed, I stepped into her position on the Nominations Committee for DKG Oregon State Organization.

I am proud to be an active member of Delta Kappa Gamma, and I look forward to meeting more of our state members as we strive to become even stronger as an organization.

Dst. 6 : No Candidates



CELEBRATING 60 YEARS!



Alpha Epsilon celebrates its 60th anniversary on April 5! We were formed at a dessert meeting in the Garden Room of the Marion Hotel (location of the Convention Center), on a Sunday afternoon. Our chapter was sponsored by Alpha Delta Chapter which had already formed in Salem, and many of our first members came from that chapter. **Goldie Kulbel**, who now lives at Capital Manor, is our only living founder.

Our banner was made by **Jean Johnson** (deceased), who was a very active member of Alpha Epsilon. She served as president from 1984-1986 and again from 1990-1992.

Dr. Donna Niday, International Representative Northwest Regional Director

Oregon is honored to have Dr. Donna Niday, Northwest Regional Director, and an active professor and student teaching guide as our guest at the 2019 Oregon Organization Convention.

Dr. Donna Niday, our International Representative, will bring DKG updates during the general session. She will also meet with the chapter treasurers to explain the new dues scheduling system. She will give a presentation on “Cinderella Around the World” showing the cultural uniqueness different countries have bestowed on the “Cinderella” story. During the banquet, she will give a talk on “The Power of Change,” discussing changes in education and in DKG.

Donna will also be available at various times during the conference to chat with members and hear their ideas and concerns. Watch for her--she will have a comfy chair and a sign welcoming all members to stop to talk.



- **Friday evening:** 20 minutes Treasurer Training for all treasurers
- **Saturday:** Cinderella Around the World Workshop
- **Saturday Banquet:** Power of Change & DKG Updates

Calling all Membership Chairs and others interested in leadership skills

Congratulations for having accepted the leadership position as your state/province membership chair. Your International Membership Committee welcomes you to this important link in the membership chain!

Chapter Membership.....You.....International Membership

With **LEADERSHIP** as the International conference theme, training to prepare you for your position as membership chair will be “front and center” in Des Moines, Iowa, July 10, 2019. We are planning and will be presenting specific information and strategies to assist you in carrying out your upcoming responsibilities.

The topics on the agenda include,

- All Membership Classifications: Active, Reserve, and Collegial
- Ceremony of Life
- Induction Ceremony
- Chapter Climate
- DKG Website
- Go-To-Guide and Other Resources
- Issues: Dissolution or Merging of Chapters,
- Presentation and Communication Skills
- Recognizing and Developing Future Leaders



LEADERSHIP LINKS
DKGSI
February 29, 2019

We welcome you to Iowa for your Leadership Training!

FINANCE COMMITTEE

DST. 4 Nancy Lessaard Alpha Omicron/4



Nancy Lessard, is a retired middle and elementary school educator. She taught for 34 years. Nancy began her career as a middle school Reading Specialist in Gresham. After a few years she went on to teach middle school Language Arts, 6th grade, and rounded out her middle school years teaching a 6-7-8 humanities blend. After 18 years she and her family moved to rural Columbia County, where she taught 5th grade for 10 years. Her last 6 years were spent as an Elementary Reading Specialist.

Nancy received her BA and Reading Endorsement from Southern Oregon State and an MAT from Portland State University. She enjoys spending time with her husband, John, as well as her two daughters and their families.

DST. 5 Donalene Biller

Currently the Controller, Donalene wishes to continue in that position. Donalene Biller attended Oregon College of Education (now Western Oregon University) and graduated with a BS in Education. She began her teaching career in 1972 as an instructional assistant in Title I in Forest Grove. That position led to a teaching job in Forest Grove that lasted for over 30 years. Most of her experience was in grades 3-6. Upon retirement in 2002, she continued in part-time positions in Forest Grove. Those jobs included 3 years in the mentor program in both Hillsboro and Forest Grove. When that job ended, her experience and training as a mentor allowed her to work with several other teachers at the middle school and to accept a long-term substitute job as a special education facilitator.

Outside of the classroom, Donalene volunteers both in classrooms and as a CASA. She is involved in major remodeling of the property that she shares with her nephew and his family. She is active in church and enjoys Bible study. Other fun things are reading, gardening, and crafting.



DST. 6--No Candidates



PICK THE PDU THAT IS RIGHT FOR YOU!

This DKG Convention gives you the opportunity to earn nine--yes, 9!--PDU's if you attend all the events listed below:

Friday:

- **2 PDU's Legislative Day at the Capitol,
- **1 PDU Friday General Session

Saturday

- **1 PDU Saturday morning keynote
- **0.5 PDU Saturday lunch keynote
- **4 PDU's: One for each workshop each session, for a total of 4 possible

Sunday

- **0.5 PDU Sunday morning keynote

That makes nine (9) PDU's, and they all come with your (9) convention registration. Take advantage of a deal to learn new things.

APRIL 5: LEGISLATIVE CONTACT DAY

Please join us on April 5 for the DKG Legislative Contact Day at the Capitol. We are excited about this opportunity, as so much is going on in Salem. Bills in the House and Senate stretch from requiring holocaust education to passing a budget that includes more teachers, counselors, and behavior specialists to support staff managing disrupted learning issues.

Connect with your Legislators to set up an appointment for the morning or afternoon of April 5. E-mail or call them NOW to schedule your visit. Work with other members of your Chapter who are attending. If you can't see your legislators due to their schedule, go to their office, speak to a staff member, and leave your card and a DKG brochure. That is still a great opportunity! As a constituent, they know that you carry a vote and you talk to your friends about votes. This makes you a VIP in their eyes. Remember that!

Here are some tips after you schedule your appointment:

- Before you go, prepare what to say and who says what if you are with others.
- Refer to them by their title, Representative or Senator.
- Introduce yourself.
- Start with a compliment on a bill/vote/meeting that you agree with.
- Share a real-life example of the topic that you discuss: disrupted learning? class size? suicide prevention? holocaust education? the budget? (These are issues that are being discussed NOW in the House and Senate.)
- Listen to what your legislator has to say.
- Leave a document behind (chapter brochure or DKG brochure)
- Follow up with a thank you email in a few days.

8:00-8:45 Optional time to meet with your legislators

8:45-9:45 Meet in Room 161 with Laurie Wimmer for a briefing on current legislative issues

9:45-10:30 Join a rally on the Capitol steps to observe Child Abuse Prevention Month.

10:30-11:30 Optional time to meet with your Legislators or sit in on a hearing or a session

11:30-12:30 Optional tour of the Capitol

12:30 - 3:00 Choose from a variety of activities, including lunch at the Capitol Cafe where you can order lunch online at this link and then pick it up: [Capitol Cafe](#)

Suggested afternoon activities:

- Meet with your legislators
- Complete a scavenger hunt at the Capitol
- Take a self-guided walking tour of State Capitol Park
- Visit the Hallie Ford Museum of Art
- Visit the Museum of Mental Health (Oregon State Hospital)

Our hope is that this sounds exciting and doable. Salem has some wonderful places to see and visit. Dana and I are available for any questions you may have between now and April 5.

Kate Kelleher
katekelleher4@gmail.com

Dana Murphy
mudspud1@gmail.com



CHAPTER CHATTER

District 2

Omega (Josephine & Jackson Cos.):

Omega is thrilled to report that we have inducted two new members:

Sara Kinstler and Karreen Ghena.

Two additional teachers, **KJ Johnson and Norma Hamilton** were inducted March 11.

District 3

Lambda (Lane Co.): Lambda members were saddened to lose another member, as **Lesley Matson** passed away Jan. 23. Lesley had been a member (honorary) since 1994. At one time she was a 1st grade teacher, reaching more than 1000 children in her career.

A joyous occasion was the birth of Fernando Zacarias De La Paz, the first child of our newest member, **Ana De La Paz Martinez**. Fernando was born Jan. 24, weighing in at 6 lbs. 3 oz. and 19 in. long. The chapter had held a baby shower at the home of Guadalupe Jones just a week before the birth, as he wasn't due until later in February.

In early February, the chapter met at Churchill High School to learn about Courageous Conversations: Ethnic Studies 101. Twin sisters Rena and Leah Dunbar, their colleague Reanna Hensley, and a former student shared the focus of the class and the impact it has had on the community.

In March, members learned about KITS (Kids in Transition to School). KITS is an evidence-based school readiness program developed at the Oregon Social Learning Center, that offers a unique, two-generational approach. It's designed to boost children's literacy, self-regulation, and social skills just prior to kindergarten entry and provides support to families as their children transition into kindergarten. The program has been implemented in seven rural Lane County

school districts.

DKG Founders and Lambda and Gamma retirees will be honored at the April meeting. A tribute to the Founders will be made by attending members. A special printed program will be available, and a certificate will be given to retirees. Lambda is pleased to welcome Gamma for this special occasion.

District 4

Alpha Omicron (St. Helens):

Alpha Omicron is proud to announce that they will be awarding ten \$50 grants to teachers in the St. Helens and Scappoose school district at their March meeting. The grant recipients are from kindergarten to high school levels.

Our members are busy planning for two fundraisers, "Kids Night Out" at the local swimming pool in March and our first Cinco de Mayo Bunco fundraiser in May.

District 5

Alpha Epsilon (Salem & Polk Cos.):

See the article and photo on page 13.

Alpha Nu (Hillsboro, Beaverton & Washington Co.): As a service project, Alpha Nu members gave generously to the Beaverton Schools' homeless students program, HELP, by donating gift cards, food items, and personal hygiene bags. In addition, the chapter's community outreach fund of \$300 was donated to HELP.

In December we gifted our active teachers with home-baked cookies made by retired members of our chapter. Our fall program presentations were by two educational organizations. A representative of World Oregon shared how their organization connects Oregonians with global understanding through Culture Boxes representing 100 countries. The boxes have au-

thentic artifacts and lessons of world cultures and can be borrowed. The 40-year-old Beaverton Literacy Council gave us an overview of their program, whose mission is to teach English to adults. About 30 volunteers are currently serving 230 local adults.

Beta Beta (Tigard/Tualatin/Sherwood) is having a blooming spring!

Beta Beta will be 40 years old this year. On June 13, we will have a party for our members to celebrate this milestone. On May 11, our sold-out Spring Tea fundraiser that supports our Foundation will be at Living Savior Lutheran Church in Tualatin. Both events will be times to see Beta Beta shine!

Did we miss your chapter? Be sure you are represented in the next issue. Just send a sentence or two of "chatter" to Marie Mueller, editor, at cwmuel-ler33@gmail.com

Chatter for the May 2019 Trail is due May 20 or earlier.

Holiday Inn Room Reservations

The 2019 Oregon State Convention will be held at the Holiday Inn, 3301 Market St., NE, Salem (former Red Lion). Make your own room reservation. Call **503.370.7888** and request the DKG room rate or go on line at: https://www.holidayinn.com/redirect?path=rates&brandCode=HI&localeCode=en®ionCode=0&hotelCode=SLEMS&checkInDate=04&-checkInMonthYear=032019&checkOutDate=07&checkOutMonthYear=032019&_PMID=99801505&GPC=DK1&view-fullsite=true

The **cutoff date** for the DKG price is **March 7, 2019**. Check in time is 3 p.m. Anyone arriving prior to 3 p.m. will be accommodated as soon as possible. Room rates after the cutoff date will depend on availability.

If you plan to attend Legislative Day on Friday and would like to stay Thursday night at the hotel, a few rooms are reserved for that, and they will count toward the total block number we must reach.

Room Rates:

King Bed \$119 plus tax

Double Queen \$139 plus tax

BREAKFAST INFORMATION HAS CHANGED! See the UPDATE below.

Directions to Hotel

From the South:

1. Take the **Market St/OR-213** exit, EXIT 256, toward **Silverton**.
2. Keep **left** to take the ramp toward **Fairgrounds-Amphitheatre**.
3. Turn **left** onto Market St.
4. **Holiday Inn Salem**, 3301 MARKET ST NE is on the **right**.

From the North:

1. Take the **Market St/OR-213** exit, EXIT 256, toward **Lancaster Mall**.
2. Keep **right** to take the ramp toward **City Center**.
3. Merge onto Market St. **Holiday Inn Salem**, 3301 MARKET ST NE is on the **right**.



2/12/19 - Breakfast update from hotel

We will provide two (2) breakfast vouchers for each room at check in. It's a \$10 voucher and members will order from a menu. No breakfast buffet will be served. This will work great for Saturday morning's breakfast. Sunday's breakfast buffet is already scheduled on the program. (see registration, next page).

Moving Forward: Supporting Families and Education

Alpha Rho State Oregon Convention
April 5-7, 2019
Holiday Inn, 3301 Market St. N.E., Salem, Oregon



Please print your name as you want it to appear on your name badge.

Dr. _____
First name MI Last name
Address _____ City _____ State _____ Zip _____
Phone _____ - _____ - _____ Email address _____ Chapter _____

Please check all that apply:

____ Current Chapter President ____ State Exec. Officer (position) _____ ____ became a member in 1969
____ Proxy for Chapter President ____ State Committee (position) _____ ____ became a member in 1994
____ Past State President ____ Convention First Timer ____ new member since 4/1/18
____ Active Educator (position) _____ ____ Retired
____ **Looking for a roommate to share hotel costs** ____ **Guest**

____ I plan to attend the Legislative Contact Day at the State Capital on Friday from 9:00-2:00.

Media Permission: Please check all that apply: I give permission for the use of the following in DKG Alpha Rho State publications & website: ____ name ____ address ____ mailing address ____ email ____ phone numbers ____ photographs

Convention Registration

Registration fee: Required for All Members:

COST

AMOUNT

Early Bird--Postmarked on or before **March 22, 2019** \$60.00 \$ _____
Postmarked after **March 22, 2019** \$70.00 \$ _____

Meals **x Quantity**

Saturday Lunch \$30.00 _____ \$ _____
Fajita Buffet
Choice of chicken or beef with all the fixings.

Saturday Banquet \$40.00 _____ \$ _____
____ *Chicken Oscar (with Dungeness crab, roasted asparagus, and hollandaise sauce)*
____ *Honey Dijon Glazed Salmon (topped with candied pecans)*
____ *Grilled Sirloin (with a port wine and mushroom sauce)*

Sunday Breakfast \$18.00 _____ \$ _____
Breakfast Buffet
Scrambled eggs with cheese, bacon and sausage links, breakfast potatoes, assorted pastries and muffins, fresh fruit and beverages.

Checks made out to Alpha Rho State Convention 2019 **Total Amount Enclosed** \$ _____

**Please indicate if you need any special accommodations due to mobility, oxygen tank use, vision, or other health or dietary concerns: _____

Cancellation Policy: *Written request for cancellation must be received by the registrar no later than March 29, 2019.*

Mail Registration & Check to
Bonita Fillmore
1803 Lancaster Avenue
Klamath Falls, OR 97601



For Registration Committee
Check # _____
Date of check _____
Date received _____

OREGON STATE ORGANIZATION
of the
DELTA KAPPA GAMMA SOCIETY INTERNATIONAL

Madaline Lapp, Treasurer
508 Lapp Ln.
Roseburg, OR 97471-9356



Invoke Kelly McIntyre, Oregon President, to a meeting or special event at your chapter. What best shows off what your chapter can do? Call or e-mail today to be put on the schedule. (808) 827-1856 or kellymci@hotmail.com

PRESIDENT KELLY'S SCHEDULE 2019		
Apr. 5- 7, 2019	Oregon State Convention	Salem
April 8, 2019	Alpha Chapter	Klamath Falls
April 9, 2019	Omega Chapter	Grants Pass

**Special thanks to
Christine Luehring, Lambda/3
and to Kathie Hill, Omega/2.
They find the errors and
identify problems so that our
documents are good ones.**