

## **Program Ideas from Iota Chapter**

Iota chapter has had so many great programs we couldn't decide on just one best idea. Generally a member takes a date to provide the program for that month's meeting. We have vicariously hiked the Pacific Crest Trail, gone through the Panama Canal, traveled backroads in Oregon, built houses in Mexico, enjoyed bluegrass music, visited Finland and Germany, enjoyed poetry and photography, etc. via shared experiences from fellow members. A favorite fiction or non-fiction book share is another activity we enjoy.

In the past we have brought in outside people to share: aromatherapy, foot massage, singers, authors, yoga instructor, etc.

One of our members is into scrapbooking. She brought her materials and we all stamped and decorated our chapter handbooks to start off the year. That was a lot of fun and really personalized our handbooks. Once I brought in the materials for making a "teacher stress bag" from an idea I got a state convention. Members were to pass them out to another teacher they knew.

Brenda Kirk, President  
Iota