THE NEW OREGON TRAIL

An Official Publication of
The Delta Kappa Gamma Society International for Key Women Educators
Oregon State Organization

Mission: *The Society promotes professional and personal growth of women educators and excellence in education.*

Vision: *Leading women educators, impacting education worldwide.*

Vol. 48, No. 2, Winter 2020

2020 Spring Conference

April 24 - 26, 2020 -- DKG: Oregon State Organization

KEYNOTE SPEAKER
Dr. Heidi Olivadoti

Dr. Heidi Olivadoti has been chosen to serve as the Regional Educator Network Coordinator for Southern Oregon. Heidi's career spans 30 years and is marked by experience as an Elementary Teacher, Title I Specialist, Professor, Mentor, Program Administrator, and School Improvement Specialist. She is committed to improving education in Southern Oregon by engaging with wholehearted educators whose practice is marked by courage, compassion, connection, and an unwavering belief that challenges are opportunities for growth.

Aurora Vignau
International Guest
2018 - 2020 Latin America Area Representative

Aurora Vignau has been an active member of DKG since 1984 (36 years). She has served as Nuevo Leon State President (2003-2005), Chair of the World Fellowship International Committee (2006-2008), and currently serves as the Latin America Area Representative (2018-2020). She continues to work in education through her extensive involvement as Chair of the Board of the Mexican Red Cross, Monterrey Chapter, and as a state delegate of Nuevo León, Mexican Red Cross.

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CONFERENCE WEBSITE:

https://dkgoregonconvention.weebly.com/

PRESIDENT'S PAGE

Darlene Cook
Alpha /2
2019 - 21 President
Oregon State Organization

Happy New Year!

Welcome not only to a new year, but also to a new decade of DKG in Oregon. This decade will lead us up to the 100th anniversary of the founding of Delta Kappa Gamma on May 11, 1929. On May 23rd, Oregon will be celebrating 79 years as the 41st state organization installed into the Society. Our state name has been changed from Alpha Rho to Oregon State Organization, but our Society purposes remain the same.

This spring, DKG members will have an excellent opportunity to see in action **Purpose No. 4**: *"To initiate, endorse and support desirable legislation or other suitable endeavors in the interests of education and of women educators*"; and **Purpose No. 7:** *"To inform members of current economic, political and educational issues so that they may participate effectively in a world society."*

DKG plays an instrumental role as a Non-Governmental Organization (NGO) with the United Nations Department of Public Information. In February, DKG members have an opportunity to travel to New York City to see our Society involvement with the United Nations firsthand. The theme of this year's CTAUN conference is "War No More." Then, in March, the National Legislative Seminar will give members an opportunity to discuss important issues and to practice advocacy skills in our national Capitol. The seminar includes time on Capitol Hill to meet with Oregon's senators and representatives. Oregon members will be attending both events. There is time to register, so join our state delegation for these opportunities. For information, see the related articles in this newsletter.

During the past few months, I have had the opportunity to visit several Oregon chapters and have formed many new friendships. Thank you all for making me feel at home! It has been great to see the impact you are making in your schools and communities through your service projects and training opportunities. To all our Chapters, please let us know what great things you are doing! Continue to provide information to Chapter Chatter in the newsletter and invite me to your meetings or special events. I would like to visit all of you at least once during this biennium.

I look forward to welcoming you to our Oregon State Conference, April 24-26, at the beautiful and relaxing Oregon Garden Resort. Please plan to attend. We have a rich history of service and advocacy to celebrate. You will find several changes to our conference schedule this year. In addition to nine great workshops, we will offer several 10-minute takeaway sessions. Many great tours are planned for Friday afternoon, and we are opening our **FUN**draising activities to a variety of auction items in addition to the traditional baskets. Be creative! Join in on the FUN. Money raised will help fund members to attend state and international events.

My best wishes for a successful and productive year,

Darlene

2019 -21
ALPHA RHO STATE
EXECUTIVE BOARD

Ideas? Questions? Contact us!

President Darlene Cook
11803 N.E.124th Ave., #C22
Vancouver, WA 98682
(541) 331-3282
dcook.dkg@gmail.com

Vice President Brenda Jensen
16000 S. Poe Valley Rd.
Klamath Falls, OR 97603-2634
541-892-5243
bcjdkg@gmail.com

Secretary Kate Kelleher
1100 N. Meridian St., Apt. 20
Newberg, OR 97132-1186
503-913-8970
katekelleher4@gmail.com

Treasurer Vickie Jackson
235 S.E. C St.
Madras, OR 97741=1732
dandvjackson@gmail.com
541-475-7252

Immediate Past President
Kelly McIntyre
174 NE Danbury Ave,
Hillsboro, OR 97124
(808) 927-1856
kellymci@hotmail.com

Parliamentarian Nancy Lewis 16730 SW
Jordan Way
Tigard, OR 97224
(503) 639-7050
nancyjolewis@gmail.com

Editor Marie Mueller
6156 Rolletti Dr., S.E.
Salem, OR 97306-2890
503-990-7645
cwmueller33@gmail.com

Administrative Secretary
Bonita Fillmore
1803 Lancaster Ave.
Klamath Falls, OR 97601
(541) 884-2374
bfillmore55@q.com

Webmaster Grace Pitzer
P.O. Box 19113
Portland, OR 97280-0113
(503) 709-2689--cell
gcpitzer@comcast.net

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YOUR 2020 CALENDAR

February 1

- Cornetet CIPD Aps Due
- State Scholarship Aps Due

February 12

Initial CTAUN Regis. Due

March 1

- Int'l Scholarship Aps Due
- Int'l Achievement Awards Recommendations (see center column)

March 15

- State Achievement Award Recommmendations Due
- Chapter Awards Forms due to District Coordinators
- Items for the Spring Trail Due

March 15 - 18, 2020
National Legislative Seminar
Arlington, VA

April 24 - 26, 2020
Oregon State Organization 2020 Spring Conference

The Oregon Garden Resort
895 W. Main St.
Silverton, Oregon 97381
503-874-2500
Check the Oregon DKG website for the latest information.
https://dkgoregonconvention.weebly.com/

July 7 - 11, 2020

International Convention
Philadelphia Marriott Downtown
Philadelphia, PA

INFO FROM INT'L OFFICE

Do you have a chapter induction or installation ceremony coming up and you can't find that old red ceremonies booklet? Never fear, while that red booklet has been retired, you can still find sample ceremonies on the international website under the **Resources tab** and then **Ceremonies.**

You read that correctly, there are no official ceremonies, just samples which you can personalize to meet the needs of your chapter. Sample ceremonies include chapter induction, installation of officers, founders' day, recommitment ,and ceremony of life.

AWARD APPLICATIONS OPEN

Now is the time to submit recommendations for the **2020 International Achievement Award.** Any member, chapter or state organization may submit a recommendation. A form (MS Word interactive format) for submitting recommendations is available from the Society Website. It is important that the form be carefully and accurately completed in full detail with correct dates of service, because only the information submitted on the recommendation form will be used in the selection process by voting members of the Executive Board. The award will be presented at the 2020 International Convention. All recommendation forms for the International Achievement Award must be electronically dated or **postmarked no later than March 1, 2020**, and e-mailed (preferably), faxed or mailed directly to: Email: societyexec@dkg.org; Fax: 512-478-3961; Mail: DKG, International Achievement Award, 416 W. 12th Street, Austin, TX 78701-1817. **Application:** https://dkgsi.blogspot.com/2019/08/the-2020-dkg-scholarship-application-is.html

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Marie Mueller, Editor
6156 Rolletti Dr., S.E.
Salem, OR 97306-2890
cwmueller33@gmail.com
503-990-7645

Change Your Address Online at "My DKG"
or
Send ADDRESS CHANGES to
DKG International Headquarters
416 W 12th St.
Austin, TX 78701-1817
lindad@dkg.org

Copy Bonita Fillmore:
bfillmore55@q.com
Be sure that your chapter has your newest information, too.

GET IN THE KNOW!

Any state officer or chapter president who has not picked up or been issued a copy of the new ***Oregon State ByLaws/Standing Rules*** document should contact Jean Fairbairn at jj7fair@msn.com or call her at 503-656-3688 to have your new yellow booklet sent to you.

RESERVE YOUR ROOM AT THE OREGON GARDEN RESORT NOW!

Help "rock the block" with lots of reservations. The more who come, the more fun you'll have--and the more you'll learn.

Plan to come to the Oregon Garden for lots of fun and information. Reserve your rooms for the Spring Conference now: April 24-26, 2020. The charge for the room is $129.

Follow the directions below to reserve your room at this website:

https://www.oregongardenresort.com

The Guest Room rate is $129 plus tax. **Reserve by March 24, 2020;** at that time, unreserved rooms go back into general inventory. The Oregon Garden Resort can still extend the group rate to new reservations after that but will not be able to guarantee room availability.

Please follow the steps below to access online reservations:

- Under **"Your Place To Dream"** choose your dates and then press the black **"BOOK NOW"** button. You will be redirected to a new page. You will see room types that are available at full rate. Above these pictures is an **"ADD CODE"** option. Click on this and a box will drop down.
- Choose **"GROUP ATTENDEE"** and then enter your group code: **DKG.**
- You may be redirected to a calendar page. If so, re-select your dates for check-in & check-out, then press the blue button that says **"UPDATE DATES OF STAY."**
- Choose which room type you would like and then press the **"ADD ROOM + CHECKOUT"** button to complete.
- The final page will ask for your information to finalize.

Guests may also call our reservation line to make room reservations a**t 503-874-2500, Ext. 0.** If guests have special room requests or complications, they should contact the Reservation Manager at 503-874-2508 with questions.

CONFERENCE WEBSITE:
https://dkgoregonconvention.weebly.com/

OREGON GARDEN RESORT

LET'S PUT THE FUN IN FUNDRAISING

AUCTION

Each member is invited to bring an auction item. Many of us are down-sizing and have great treasures we need to move along. It seems that the younger generation is not interested, but our members may be thrilled at the chance to get them. Donating them to our silent auction is your best option. Think pretty dishes, linens and bedding, knick-knacks, stationery items, games, those beautiful shoes you paid a fortune for and only wore once, camping equipment, wine, champagne, spirts, etc. Each item should have value, be clean, in good condition, and ready for someone to love.

Note: Electronic items are outdated so quickly they are not a good idea, and most clothing will not sell; however, exceptions exist. You decide.

If you have an item of significant value, such as a cabin or condo or other you can let for a week or a weekend, we could do that in an oral auction. Oral auctions are a great way to have FUN. If you have such an item, please let Nancy Lewis or Darlene Cook know in advance so we can plan for an oral auction. At registration, members will be given a number to use when bidding in the silent and/or oral auction. Auction items should be brought to the designated room at the convention on Friday afternoon or very early on Saturday.

BASKETS

In addition to members bringing something for the silent auction, **each chapter is invited to bring a basket filled with exciting goodies** around a theme. Themes can be wine and food, travel, games, activities with grandkids, books, gardening, movies, camping, spa, etc. Each basket should be attractive. Please attach a list of items included, along with their value. Funding your basket can be by donation of items or money.

The baskets will be a ticketed drawing. Members will circulate and sell tickets for the basket drawing. Members may buy as many tickets as they wish and put their tickets in the drawing for the basket of their choice.

Nancy Lewis will be leading the FUNdraising Activities. **All proceed collected will assist with travel expenses for Oregon members going to state and international events.**

Take an empty basket, like those at the left. Make it into one of these to tempt buyers.

FRIDAY EVENING DINNER OPTIONS
Silverton, Oregon

Chan's	212 E Main, Silverton	503-873-6741
	11:30 am - 9 pm	
	old school Chinese	
	https://www.yelp.com/menu/chans-restaurant-silverton	
Creekside Grill	242 S Water St., Silverton	503-873-9700
	11 a.m. - 9 p.m.	
	Grotto Lounge has happy hour 4 - 7 pm	
	interesting menu with some foreign influences	
	http://www.creeksidesilverton.com/	
Fireside Lounge	Oregon Garden Resort's main lodge	503-874-2500
	11:30 a.m. - 1 a.m.; happy hour 4 - 7 p.m.	
	bar food	
	http://www.oregongardenresort.com/resourcefiles/pdf/ogr%20lounge%20menu%20april%202019.pdf	
Gallon House	219 Oak, Silverton	503-874-4575
	Fri & Sat: 11 a.m. - 2 a.m.; happy hour daily 3 - 6 p.m.	
	32 beers on tap (20 oz pints), sandwiches, burgers, pizza, & pasta	
	http://www.thegallonhouse.com/menus.html	
Garden View	Oregon Garden Resort's main lodge	503-874-2500
	11:30 - 2 p.m. and 5 - 9 p.m. - reservations recommended for dinner	
	Interesting entrees, salads, pasta	
	http://www.oregongardenresort.com/resourcefiles/pdf/ogr%20dinner%20menu.pdf	
Home Place	1080 N First, Silverton	503-873-6391
	6 a.m. - 10 p.m.	
	homestyle meals; breakfast served all day	
	http://www.homeplacerestaurant.com/2018menu_all_silverton.pdf	
Ixtapa	321 Westfield St., Silverton	503-874-9111
	11 a.m. - 10 p.m.	
	Mexican	
	http://mexicanfamilyrestaurants.com/ixtapa-mexican-food-menu/	
Los Girasoles	303 E C St., Silverton	503-873-9449
	10 a.m. - 8 p.m.	
	Mexican	
Mac's Place	201 N Water St., Silverton	503-873-2441
	9 a.m. - 2 a.m.	
	bar food, sandwiches, burgers, pizza, fish & chips, po' boys	
	https://www.macssilverton.com	

Continues, next page >>

Samurai Madame	202 Jersey St., Silverton 12 - 8 p.m. Japanese; sushi, poke, & bowls	971-370-0077
Sandee Thai	211 Oak S., Silverton 11 a.m. - 9:30 p.m. Thai http://sandeethai.com	503-874-4140
The Silver Grille	206 E Main, Silverton Thurs - Sunday, 5 - 9 p.m. - reservations recommended high end cuisine; menus change based on availability of fresh local ingredients http://silvergrille.com/#intro-section	503-873-8000

MORE SILVERTON DINING CHOICES

Prepared by Eloise Gibson, Beta Beta Chapter

SCHEDULE AT A GLANCE

FRIDAY, April 24

1:00-5:00	Registration*
1:00-6:00	Tours
2:00-5:00	Hospitality Room Open
_____	Unique Boutique**
5:00-6:00	Executive Committee Meeting
6:00-7:00	Reception for the International Guest and New Chapter Officers
7:00-?	Game Night

SATURDAY, April 25

7:00-8:45	Breakfast
8:00-9:00	Registration*
_____	Unique Boutique**
8:30-9:00	Welcome/Opening Session
9:00-11:50	Workshops
12:00-1:50	Luncheon
2:00-2:40	10-Minute Take-Away Sessions
2:45-3:30	Round Table Discussion With International Guest
3:30-4:00	White Rose Rehearsal
6:00-7:00	No Host Happy Hour
7:00-9:00	Dinner/Keynote Speaker

SUNDAY, April 26

7:00-9:00	Breakfast
8:30-9:00	White Rose Ceremony
9:15-10:30	Business Meeting / Executive Board Meeting
10:30-12:00	New Officer Training

* Deliver auction items and baskets to the registration table on Friday/Saturday

** Unique Boutique hours to be determined

GAME NIGHT!

FUN FOR FRIDAY EVENING

On Friday evening, we will gather in the main meeting room for an evening of games—all sorts of board games, dominoes, card games, etc. We'll begin play after "dinner on your own" about 7 p.m.

The bar is close by, and you can bring your drinks into the games. This will be a nice, relaxing way to socialize on Friday evening as our 2020 Spring Conference begins. Everyone is invited

The **REGISTRATION FORM** is inside the back cover AND on the website: **https://dkgoregonconvention.weebly.com/**

FRIDAY AFTERNOON ACTIVITY OPTIONS

Your Beta Beta sisters are delighted to share with you some of Silverton's local treasures! Group activities require registration and payment in advance. Participants should gather in the hotel lobby at the stated time. Beta Beta members will provide transportation.

SILVER FALLS STATE PARK (Cost: $5.00 for transportation and parking)

12:30 p.m. - Early afternoon guided walking/ hiking tour of Oregon's largest state park, often referred to as the "crown jewel." Bring comfortable walking shoes if you are up for some physical activity. **Weather permitting!**
T

SILVERTON MURAL SOCIETY WALKING TOUR (Cost: $5.00 plus dinner)

3:00 p.m. - Most murals are in the heart of downtown Silverton and relate to important people and events in Silverton's history. Includes a no-host dinner stop at Mac's Place, a popular restaurant housed in the oldest remaining building on the town's historic register.

'TIQUES AND TEA IN SILVERTON (Cost: $35.00 to cover transportation, tea, and gratuity)

1:00 p.m. - Located in the heart of Silverton, Magnolia Tea Room offers a relaxing tea experience with plenty of time to get acquainted with a few of your Beta Beta sisters. Afterwards there will be time to browse local antique malls and/or other shops within easy walking distance.

FRANK LLOYD WRIGHT GORDON HOUSE (Cost: $20.00 for one-hour tour)

3:30 p.m. - Located within the Oregon Garden, the Gordon House is the only example of Wright's architectural genius in Oregon. Hours are noon to 3:00 daily, but this would be a special tour for conference attendees.

NOTE: This could also be an option for Sunday afternoon before you head home.

OREGON BOTANICAL GARDEN

ANYTIME ON YOUR OWN - If you are staying at Oregon Garden Resort, admission to the garden is included with your room. Otherwise, admission is $12.00. Fridays through Sundays, you can take a 30-minute narrated tram ride to explore the garden. You can also use the tram as a hop-on-hop-off transport to explore parts of the garden on foot.

MOONSTONE SPA

ANYTIME ON YOUR OWN – Cost varies by service
This spa, which offers splendid views of the Oregon Garden, provides a range of pampering services. Hours are from 9:00 a.m. to 7:00 p.m. Reservations are recommended. Call 503-874-2503 for additional information.

CTAUN

THE COMMITTEE ON TEACHING ABOUT THE UNITED NATIONS

Dana Murphy

Have you ever wondered what the connection is between DKG and the United Nations?

Did you know that for over 20 years, DKG has been one of the NGO* Partners, working with the United Nations in developing and providing exemplary curricular materials for classroom teachers devoted to global understanding? https://teachun.org/teacher-resources/

This year's Committee on Teaching About the United Nations Conference (CTAUN) will be in New York on February 28, 2020. Several members from Oregon plan to attend, and it is not too late for you to join us! https://teachun.org/conference/2020-un/

Peace is the most profound purpose of the United Nations. In honoring the 75th anniversary of the United Nations, this year's CTAUN conference theme will be "War No More." This all-day conference will include conversations between UN diplomats, peace educators, outside experts and young people. Topics will include peace building, alternatives to war, initiatives, technology, and tools to prevent war, with a special focus on women and children.

If you have any questions, please contact Dana Murphy at my E-mail: mudspud1@gmail.com
* NGO stands for Nongovernmental Organization

WORKSHOPS

CONFERENCE WORKSHOPS TO STIMULATE YOUR MINDS

Peggy Cowens, Chair, Leadership Committee

Six Words That Sparked a Revolution
Heidi Olivadoti, Ed.D., School Improvement Specialist

Courage, Compassion, and Connection; Safety, Significance, and Belonging. These six words have sparked a revolution in Southern Oregon. Come to hear how the Southern Oregon Regional Educator Network (SOREN) is connecting with courage and compassion to elevate educator voice, to invite diverse perspectives, to ensure equity, to fix systems, and above all, to do NO harm.

Emotional Intelligence
Cindy Coe, Adjunct Professor, Secondary Education, Beta Beta Chapter

Based upon the award-winning book *Emotional Intelligence*, this workshop will discuss the key concepts and urgency to build this intelligence in our lives and schools.

Love and Logic Tips to Build Resiliency Skills in Ourselves and Others
Kate Kelleher, School Counselor, Beta Beta Chapter

By responding with empathy and letting others solve their own problems, we are able to focus on support. Whether we are caregivers for children, grandchildren, or parents, we need the tools of self-empowerment, respect, and dignity. Love and Logic tools neutralize arguments, use enforcing statements, set limits, and employ quick interventions that build resilience for lasting relationships.

Cultivating New Members

Linda McCoy (left) & Fonda Lawson (right), Co-Chairs
Alpha Omicron Chapter Membership Committee

In this workshop, we will share a DKG recruitment plan that emphasizes the honor of membership in Delta Kappa Gamma.

How to Get Started to "Go Digital"
Eloise Gibson, Chair (in blue), Beta Beta Chapter Digital History & Platforms Committee

We will go through the various decisions that need to be made before a chapter begins to have a website, Facebook page, online records storage, and distribution of digital materials.

World Fellowship, DKG, and You
Brenda Kirk, Iota Chapter, World Fellowship Chair--right
Paty Fernandez Guajardo, World Fellowship Recipient--left

Meet World Fellowship recipient, Paty Fernandez Guajardo, from Monterrey, Nuevo Leon, Mexico. Paty has been earning her doctorate at Oregon State University in Corvallis, funded partly by DKG. Paty will present information on her dissertation: *Sustainable Management of the Water, Energy, Food Nexus*; this is timely research as the world is impacted by climate change. Brenda will share information on the history and impact of DKG's World Fellowship fund.

Creating New State Chapters
Janis Barr, 2018-2020 International Leadership Development Committee, Zeta Iota Chapter, CA--left
Daphne Cagle, CA Membership Expansion Chair, International US Forum SW Representative, Alpha Eta, CA--right

California began expansion of new chapters in 2017. The process that has been successful in identifying locations for expansion and steps that led to chartering new chapters in order to grow their state organization will be shared.

Models of Resilience
Barbara Mills (left), Charmaine Lindsay (center),
Evie Banko (right), Beta Beta Chapter

Whether coping with change and day-to-day stresses or re-bounding from traumatic life experiences, resiliency is the key to a happy and productive life. Using a variety of individuals (both fictional and factual), this workshop will explore the nature of resilience, its essential characteristics, and its significance throughout our lives. Examples will include children, young people, and adults whose ability to harness the power of resiliency make them worthy role models.

Tai Chi Chih
Jo Ann Brinkman, Certified TCC Instructor, Beta Beta Chapter

Tai Chi Chih is a joyful meditation practice. It consists of 19 moves. Benefits may include peace of mind, improved health, and joy. This is a brief introduction to the practice. Website: www.taichichih.org

CONFERENCE WEBSITE:
https://dkgoregonconvention.weebly.com/

10-MINUTE TAKE-AWAYS

What's Changing at International: Aurora Vignau, DKG International Latin America Area Representative

Our International Guest will highlight proposed amendments to the *DKG Constitution* that will be presented at the 2020 International Convention.

The Unique Boutique: What, Why, and How You Can Help: Catie Thurber-Brown, Beta Beta

This session provides a brief background about the Unique Boutique and the scholarships/stipends awarded. Catie will share how to apply for them and how members can help to support the Unique Boutique.

Expand Your Horizons, Travel the World! Nancy Lewis, Beta Beta

Each year, OEA-Retired sponsors travel programs for individuals and groups to domestic and international locations with Collette and Grand Circle Travel Companies. Nancy will share the programs for 2020 and 2021.

The United Nations and DKG—What is the Connection? Jennifer Cole, Alpha

For over 20 years, DKG has been one of the NGO Partners, working with the United Nations in developing and providing exemplary curriculum materials for classroom teachers devoted to global understanding. Jennifer Cole attended the 2020 Committee on Teaching About the United Nations conference (CTAUN) in New York. Honoring the 75th anniversary of the UN, this year's theme was called, "War No More." Jennifer will share some of her "take aways" and highlights from this extraordinary experience!

Funds for Lifelong Learning: Roberta Hutton, Psi

We have money to help us grow personally and professionally! Let's use it! Roberta will guide us in understanding how easy it is to apply for funds, share important deadlines, and how to successfully apply for opportunities for lifelong learning.

The New *Bylaws and Standing Rules:* Jean Fairbairn, Chi, Past State President

Copies of the new document will be available to new chapter presidents. A quick presentation and clarification of changes in the new bylaws and standing rules will be covered.

Steps to Becoming an NBCT: Kelly McIntyre, Psi , Past State President

"National Board Certified Teacher" is more than just a title. Research has shown the NBCTs improve student learning. Going through the process, explaining your approaches, and showing evidence of student achievement helps in understanding what you do, why you do it, and how that works together to increase student learning. In ten minutes, Kelly will give you information on how you can become an NBCT. You will learn eligibility requirements, costs, timeframe, and available supports. This is a good use of your time!

BEAR Reading Successes: Judy Brimmer, Alpha

Student participation data was gatherd over seven years of participation in the BEAR Project. Judy will share results, along with principal, teacher, parent, and student feedback on this wonderful service program. If time allows, she will share fundraising efforts to support the BEAR Project.

Why Current Teachers Need More Help than Ever: Cindy O'Mealy, Chi

Cindy will explain in a funny way why teachers are overwhelmed and could use our help today. It will be reminiscent of your teaching career and, if you are retired, you will leave understanding the continuous demands today's teachers face. She will explain how you can help by volunteering to be a Teachers Brigade Ambassador or part of the Troop.

Becoming a CASA (Court Appointed Special Advocate) Volunteer: Donna Rhinevault, Beta Beta, CASA volunteer

CASA's work with youth who have been abused or neglected, make placement recommendations to the court, and support the youth through the process. CASA's have unprecedented authority to work on behalf foster youth. Unfortunately, there are not enough CASA's for the need. This short workshop answers questions about this important volunteer opportunity.

What is Your Color?: Brenda Jensen, Alpha, Oregon V. Pres.

This is a personality test to determine one's characteristics and to tell whether you fall into a blue, yellow, orange, or green category. Come learn more about your personality!

The DKG Educational Foundation (DKGEF) Supports Excellence in Education: Kathy Martell, Alpha Epsilon, Past OR Pres.

DKGEF supports educators in professional growth and special projects. Learn how and when to apply for a grant or stipend.

CHAPTER CHATTER

Reminder: This serves as the "historical" record of what our chapters are accomplishing. Be sure your chapter's work is recognized by sending a few sentences to cwmueller33@gmail.com

District 1

Zeta: Zeta Chapter hosted the Oregon State Organization District 1 Fall Conference in September. State President Darlene Cook reviewed the current *Bylaws* and *Standing Rules*. Sandy Watts and Kathy Martell of the State Awards Committee explained the new system and criteria for determining if a chapter is eligible for specific awards. Our October program featured guest speaker Mike Frasier, who discussed restoration of the Liberty Theater in La Grande. The theater was closed in 1959 after years of being an active entertainment center. Mike's presentation included history, present status of the restoration, and plans for community use of the facility. This restoration is important for and is of great interest to the residents of Union County.

To honor Zeta members for their years of teaching, the November program included students from the Altitudes Dance Group. Three age groups performed, each portraying a different message: Teacher Appreciation, Respect, and Sisterhood.

For a service project, Zeta collected items ranging from personal items and clothing to laundry soap for the Angel Fund which serves students in transition. Plans include the Virtual Tea to earn money for scholarships that will be awarded in May.

District 2

Omega (Josephine & Jackson Cos.): Omega was blessed with a $1,000 grant from the Valley Girls Quilt Guild for our BEAR Program this fall.

At the November meeting, we hosted a presentation by two outstanding high school students, Ashley and Eden. They spoke of a cultural exchange called Self, Others, and Systems (SOS) that they participated in during August 2019. The experimental student-led program celebrated diversity, as students from Southern Oregon (rural) and Portland (urban) areas participated in a two-week camp where they lived together, participated in system-building activities, and explored their differences and similarities in a variety of ways that ultimately made them more understanding and become close friends with their campmates. It was amazing to hear two confident, young people from our community share their brave experiences.

For our December meeting, member **Lise Van Brunt** hosted a Christmas social. With Lise's delicious home-cooked brunch and a fun white elephant gift exchange, plus an opportunity to celebrate **Karreen Ghena'**s birthday, we ended the year on a great note and are looking forward to 2020.

District 3

Lambda (Lane Co.): Lambda members were saddened by the passing of Jule Crume, age 100, on Aug. 28. She was the last of our charter members. To honor Jule, a $1,500 grant will be awarded in her name to a woman enrolled in a post-secondary program. In other financial news, Lambda moved the separate memorial fund to create the Lambda Memorial Scholarship Fund within the chapter scholarship fund. Increasing overall scholarship funds will allow more members to receive scholarships from the chapter.

Eleven members visited Catholic Community Services in Springfield in September. They were informed of the services the agency provides as they "work with the poor." Clients can receive food, clothing, legal, financial, medical, energy, and other assistance. The director believes they provide "hope for tomorrow." Bess Day, Education Director of the Lane Early Learning Alliance and Lane Kids, presented the program for our October meeting. She talked about Early Learning Hubs and the Student Success Act, recently passed by the Oregon legislature, that created a tax on businesses to provide money for schools.

As a reminder to BREATHE, Peggy Cowens took members through some simple breathing exercises for the program in November. Yoga mats and pillows were provided for those who chose to do the exercises on the floor. Others adapted the exercises to join in from chairs. It was a very relaxing meeting! For our holiday gathering, we met at Peggy's home and had a potluck lunch. Lots of good food and friendly conversation, as well as a brief business meeting, put us in a good mood to get through the holidays without too much stress. Chapter Rules have been reviewed, revised, and approved to bring us in line with State and International.

District 4

Alpha Omicron (St. Helens): Ten members of Alpha Omicron gathered at the Pittock Mansion in December for a social event. They toured the mansion where each room had been adorned for Christmas by different decorating firms, celebrating well known books or authors. They then

enjoyed a lunch at a nearby restaurant.

Only eight members are pictured; the other two were still roaming the mansion! Pictured standing from the bottom are **Fonda Lawson, Colleen Menze, Debbie Wells, Betsy Penziol, Linda McCoy, Kellee Wood** (top). Seated are **Sandy Watts** (bottom) and **Christine Ebrahimi** (top). Present but not pictured: **Nancy Lessard** and **Linda DiPietro**.

District 5

Alpha Epsilon (Salem & Polk Co.): In December, we continued to label books for the Marion and Polk County Early Learning Hub. This time, books were to be given out at different children's holiday gatherings around Salem-Keizer.

Five members of our chapter—**Debra Freels, Kathy Martell, Jill Snyder, Cindy Ryan, and Shirley House**—celebrated the holidays by gathering at The Yard in Salem. This was a great place to enjoy foods from different countries. Food carts surrounded the outside of the inside eating area, and we ordered our dinner from whichever one we wanted. After dinner, we tried two trivia games that tested our knowledge of Christmas carols, Christmas movies, and Christmas TV shows. Jill Snyder turned out to be filled with Christmas knowledge!

Alpha Nu (Hillsboro, Beaverton & Washington Co.): Alpha Nu's September meeting was a time of fellowship as we shared a potluck dinner, participated in a fun get-to-know-you activity, and considered program plans for the year. An informative October program educated us on the many aspects of recycling. November's program was an opportunity to learn about the Confluence Project in which the presenter took us on a virtual trip up the Columbia River where we learned the history, culture, and ecology at six sites.

In November and December, we focused on donations to our community outreach organization, Beaverton Schools' homeless students program, HELP. In November, members donated 41 personal hygiene bags and many dollars' worth of snack items. In addition, $300 budgeted from the chapter treasury was given in gift cards from Target and Fred Meyer. More donations in December brought our total HELP giving to about $1,000. In December, we gifted our working teachers with a variety of homemade cookies, and we had a spirited Christmas-themed gift exchange.

Psi (Hillsboro, Beaverton & Washington Co.): Psi met at the home of member **Freda Boyles** for our annual Christmas Tea in December. Psi remembers HomePlate, an organization that supports homeless teens in the area. Together we filled 20 Christmas gift bags with a wide variety of items, from bus passes to toiletries. We were honored with the presence of **Darlene Cook** at our tea.

In March Psi Chapter wants to invite all DKG members to our next upcoming event, The Taste of Tanzania, on March 7, 5:30 p.m. at Zion Lutheran Church, 178 NE Evergreen Road, in Hillsboro. Enjoy a dinner, entertainment, a silent auction and Tanzanian art works. You may help us support the Huruma School for children with disabilities in Tanzania. We hope to see you there.

For tickets: http://www.brownpapertickets.com/event/4461066

For information: TasteOfTanzania@yahoo.com

Beta Beta (Tigard/Tualatin/Sherwood): Beta Beta selected two recipients for the Margaret Nielsen Financial Award, given every year to young women with the potential to become outstanding educators in Oregon. This year's recipients are Sophia Aguirre, who received a grant of $4,000, and Gabriela Garcia, who received a grant of $2,000. Both are graduates of the University of Portland. In addition, we awarded $2,500 to elementary schools in our districts.

High school mini-grant applicants were awarded funds for classroom enrichment, such as an articulated skeleton for a science class and a booming bass speaker for a jazz band. At our December meeting, we donated 1,000 pounds of canned goods to the Bethlehem House of Bread Food Pantry. In April, Beta Beta will host the OSO Spring Conference at the beautiful Oregon Garden. Coming in 2020 are results of "Visioning Discussions"—small group member meetings conducted last year to provide future direction to the chapter. **See also the article and pictures, page 21.**

Eta (Portland): Hello from Eta Chapter! Thirteen members attended the October 26 Fall PAC brunch held at the Multnomah Athletic Club in Portland. On December 6, we gathered for our Christmas lunch held in the King Hill room at the Multnomah Athletic Club. Our guest was **President Darlene Cook.** This is always a well-attended event where members just enjoy each other's company and a delicious lunch. Our thanks to member **Kathleen Allen** who made all the arrangements. Happy New Year!

At an earlier meeting, **Cindy O'Mealy**, Executive Director of Teachers Brigade, was the guest of member **Kathy Evans. Lynda Bell's** guest was her friend Vicki, who has attended several of Eta chapter events. Sadly, we just learned the passing of our member **Jeurine Marshall** on December 1. Jeurine had been an inactive member for many years. We will pass a white rose and share a memory at our January meeting at Albertina Kerr.

Chi (Clackamas): Chi Chapter celebrated its holiday dinner with a visit from **State President Darlene Cook** (below, center bottom), 16 members, and 2 visitors.

The evening of laughter, fellowship, good food, and the induction of new member **Cindy O'Mealy**—all made the event outstanding.

Chi's senior member, **Elia Harmon** (soon –next May—to be 100!) was among the celebrants.
Below: ***Elia--left; Cindy--(right)***

Chi chose to support two teen houseless centers for their Christmas celebration and donated $240, numerous pieces of sports equipment, along with pj's, jeans, t-shirts, sox, underwear, and four blankets. **President Emma** stated, "It felt like a night of miracles."

Alpha Phi (Clackamas Co.):
Alpha Phi provided small grants to our three working educators. The chapter also assists with the registration fee for any member attending a state event. We have a scholarship auction each year, but often have more places to put the money than there is funding—so much need in society today.

RED ROSES

District 2
Omicron (Roseburg)
New Member: Laurel Santos (9/19)
Reinstated member: Kristine Stolz (9/19)

District 6
Chi (Clackamas)
Cindy O'Mealy (12/11/19)

WHITE ROSES

District 2
Omega (Jackson & Josephine Cos.)
Patricia "Patty" Hayes, October 2, 2019

Alpha (Klamath County)
Judy Smith-Clifton, July 22, 2019

Districet 3
Lambda (Eugene & Lane County)
Jule Crume, August 28, 2019

District 6
Eta (Portland)
Jeurine Marshall, December 1, 2019

DISTRICT 1 FALL CONFERENCE
LaGrande, Oregon

Oregon President Darlene Cook welcomes the attendees. She discussed goals and her plans for the biennium.

Members in attendance

Kathy Martell, left, and Sandy Watts, right, discuss state and chapter awards.

Brenda Jensen, VP, tells members about the spring conference at the Oregon Garden Resort in Silverton (by Salem)

REGION 1 FALL CONFERENCE

Bonita Fillmore, Oregon Administrative Secretary, Alpha

Meeting at Urban Vine in La Grande on September 16, DKG members in Region 1 were delighted to receive State President Darlene Cook, State Vice President Brenda Jensen, Administrative Secretary Bonita Fillmore, Past State President Kathy Martell and Past State Secretary Sandy Watts as guests. Local members and guests spent some quality social time getting to know each other better.

After a delicious meal, President Dana Musgrove of Zeta welcomed attendees and turned the meeting over to Vice President Brenda Jensen, who had a mixer to start the evening.

Then President Darlene gave a Power Point presentation on DKG, reminding members of reasons to be involved and clarifying some of the recent changes. Darlene went over the changes to the By-Laws. Kathy Martell and Sandy Watts presented the new form and simplified requirements for the Rosette and Order of the Rose Awards.

When the meeting ended, attendees left feeling a closer connection to the Oregon State Organization and to International goals, resources, and information.

DISTRICTS 2 & 3 FALL CONFERENCE

OCTOBER 12, 2019
GRANTS PASS OREGON

This conference disintegrated for a lack of member interest/attendance. Alpha could not attend due to a funeral for a long-time member. Omicron, Gamma, Kappa, and Sigma did not have anyone registered. Of those who did register or express interest, five were current or past state presidents, six were current state officers/committee chairs/chapter presidents, and one was a "regular member." Oh, my. We need to regroup on this one.

Marie Mueller, Editor (Omega)

DISTRICTS 4, 5, & 6 FALL CONFERENCE

October 19, 2019, Tigard, Oregon

Conference Presentations in session

State President Darlene Cook shares goals and focus points.

Enjoying a lovely lunch

Lining up for SCRUMPTIOUS soups

The New Oregon Trail, an official quarterly publication of the Oregon State Organization of the Delta Kappa Gamma Society Int'l. Marie Mueller, ed.

Lunch & Conversation

So many wonderful salads -- which one should I try first?

Tasty breads to go along with lunch. (Desserts were on another table.)

Jean Fairbairn, our MC for the day, is explaining connections and communications within Chi Chapter. Yes, that is a huge ball of yarn. Ask a conference attendee how it was used.

DISTRICTS 4 – 5 - 6 FALL CONFERENCE
Kate Kelleher
Oregon State Organization Secretary

Oregon President **Darlene Cook** welcomed all of us and shared that 19 members attended the District 1 Fall Conference in La Grande. ALL Oregon officers, many of our chairs, and 12 of 21 chapters attended the District 4 – 5 – 6 Conference. Darlene and **VP Brenda Jensen** shared details of our April Conference, *Building Resiliency in Ourselves and Others* at the Oregon Garden, April 24-26. Registration and reservations links are available at DKG State Website **(Control and Click to activate.)** Plan to join us for this exciting weekend to continue building a *Journey for Life* with DKG.

Breakfast, the Garden entrance fee, and the tram are included in your reservation. Art, pottery, a gift card, or a traditional raffle basket will be appreciated for the Oregon fundraiser.

Jean Fairbairn took us through a quick **By-Law and Standing Rules Review**. We are now known as OSO - Oregon State Organization. That, along with finances, were our biggest changes this year, with our dues paid by July 1. Membership now includes collegiate members. Award changes include a deadline of March 15. Please send Darlene your chapter meeting schedules so she can visit.

All chapters present had 5 minutes to report on membership, activities, and fundraisers. Check out all the good ideas posted on the wall (somewhere to be determined) at conference.You will see lots of ideas for chapter meetings, membership support and fundraising. Many of us heard more than one NEW idea! The purposes of DKG are alive and well in Oregon!

LEGISLATIVE INTELLIGENCE FOR 2020

Kate Kelleher, Legislative Liaison for the Oregon State Organization

This year Oregon will experience a short session at the Legislature which begins February 3, 2020. There are opportunities for engagement between the sessions called "The Interim." The Legislature convenes periodically during "The Interim" for approximately four days, every eight weeks or so. These days are called "Legislative Days" and are marked on the calendar leading up to the Session. Legislative Days Link

Remember to find and contact your Oregon House and Senate representatives by going to the Find Your Legislator Tab on the right-hand side of the Calendar Screen Link above. That way, you will have easy access to their role of support with educational issues before the Session begins.

The Student Success Act is the largest piece of public education funding and initiative that our state has passed since I arrived here 40 years ago. Here is a link to more information on the Student Success Act. School Districts are meeting with their constituents and their staffs as they roll out support for students and public education. Contact your local district or check out their website to get details. OEA has shared information at http://www.oregoned.org/standing-up-for-you/student-success-act

The people who represent all Oregonians at the Capital include Senators Wyden and Merkley, House Representatives Bonamici, Schrader, DeFazio, Blumenauer, and Walden. Incidentally, Representative Walden is NOT seeking re-election in 2020. Knute Buehler, who lost to Governor Brown, is considering a run for Representative Walden's seat in the House.

US FORUM: *Dana Murphy*

Several members from our Oregon State Organization of DKG plan to attend this year's National Legislative Seminar March 15-18, 2020. It is not too late to make your plans to join us in Washington, DC, for this four-day seminar that offers many opportunities. Join us while we:

- Learn and practice advocacy skills
- Network with DKG members
- Discuss important issues
- Listen to informative speakers
- Meet with congressional representatives
- Hear legislative briefings
- Participate in historic tours

Some of the main issues to be addressed are human trafficking, gun violence as it pertains to school shootings, the opioid crisis, vaping among students, and mental health issues with students. Review topics rising to the top of the pile at our Nation's Capital on the US Forum Connection, which also includes a link where you can sign up to receive this newsletter personally.

- For registration and more information, visit the Forum website: http://www.usforumdkg.org/
- Please contact Dana Murphy if you have any questions. E-mail: mudspud1@gmail.com

IS YOUR CHAPTER "AWARD READY"?
If not, see what you need to do -- and when it is due!

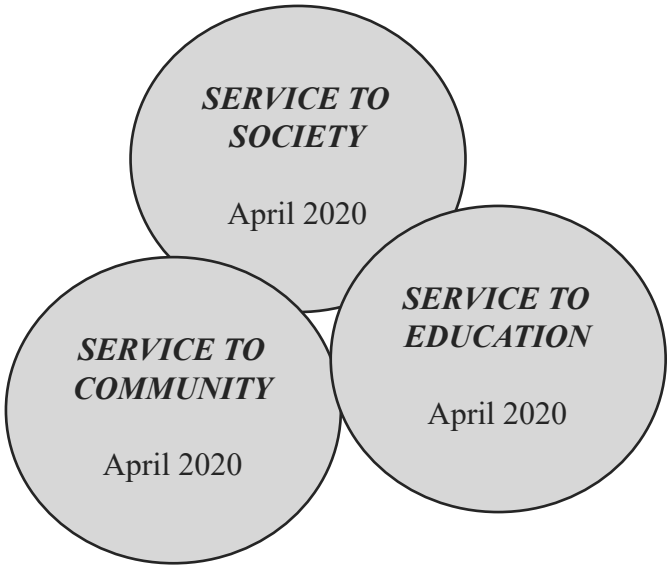
State Recognition Awards
SERVICE AWARDS

As you make plans to attend the Spring Conference, please look around your chapter or the state, and then nominate an outstanding member for one of the three State Achievement Awards. We will be recognizing individual women at the conference who have given outstanding service

- to their communities,
- to DKG, or
- to education.

To find out if your candidate has already received one of the awards, contact Sandy Watts (address below). We would like to honor as many different members as possible, so if your candidate has already received one of the awards, please nominate someone else.

The Oregon DKG Achievement Award Form is on the state website, www.dkgoregon.weebly.com This form needs to be filled out and sent to Kathy Martell, kkm-4dkg@gmail.com or Sandy Watts, sandywatts269@comcast.net by March 15, 2020.



The medals are actually gold in color, but I can't do a "gold" on my computer. Marie

Chapter Awards
ORDER OF THE ROSE
&
ROSETTE AWARDS

Our state makes two awards available for chapters to earn each year, the Rosette and the Order of the Rose. These awards will be announced at the Oregon State Spring Conference this April.

New, more flexible guidelines have made the awards less confusing for chapters to earn. If your chapter does not have a new (2019) "Chapter Award Form," contact Kathy Martell or Sandy Watts (see the left column for e-mails) to have a hard copy mailed to you or print one from the state's website. On the Oregon website, click on "Resources," then "Other Resources," then "State Awards," and finally on "Rosette and Order of the Rose Requirements and Form."

Chapter presidents complete the form and send a copy to their District Coordinator by March 15. District Coordinators forward those forms to either Kathy Martell or Sandy Watts by March 31. Chapter Presidents will probably notice that many of their requirements have already been fulfilled; simply note them on the form and get the form in by the deadline. Be sure that your chapter and its members are recognized for their accomplishments this spring!

Special thanks go to the lovely ladies who proofread and make suggestions:
Christine Luehring
Darlene Cook

BUSY, BUSY BETA BETA

Beta Beta has been busy this fall and winter. The November Fall Auction brought in $8,000 to the Beta Beta Education Foundation (BBEF) from members and guests. Of this amount, $2,000 was raised from Business Partners donations, using our tax-exempt status. The lasagna dinner featured canned food bingo games, with the canned food donated to the Bethlehem House of Bread. On December 14, member Sandy Bartnik and her family hosted 110 guests, with Christmas trees and "over the top" Christmas decor in every room. This was the sixth year for this event and was our best yet, with $2,100 in donations, all going to BBEF, which grants financial aid to future teachers attending Oregon colleges and universities. BB asks for a minimum donation of $5 per person, but many people contribute more. We also received generous checks from several folks who couldn't attend, but still wanted to support BBEF. The great thing about this fundraising event is that a very high percentage of money generated comes from outside the chapter—and that's always a good thing! Sandy and her husband are fabulous collectors. We wish everyone a wonderful 2020.

1

2

NOVEMBER AUCTION

1. Get your bidding paddle! Catie Thurber-Brown (L); Pam Culp (R)
2. Nancy Lewis, Auctioneer, at work
3. Deb Starr, Auctioneer, and "Demo Elf" President Mary Bell
4. Bidders: Members and Guests

3

4

The New Oregon Trail, an official quarterly publication of the Oregon State Organization of the Delta Kappa Gamma Society Int'l. Marie Mueller, ed.

DECEMBER PARTY

5. Pauleta Robertson & Joan Lennox
6. BINGO--to collect can foods for Bethlehem House of Bread

CHRISTMAS OPEN HOUSE

7. Tree topper collection
8. Connie Gillespie, L) Sandy Bartnik (C, the hostess) & Guest (R)
9. Living room--ALL rooms were decorated, even the garage, laundry, and bathrooms

WATER RUN AT THE ARIZONA / MEXICO BORDER

Brenda Kirk, Iota/1

Immigration issues are complex and controversial, but citizens of Tucson, AZ, have come to a consensus that they want no more deaths in the desert that is their backyard. To this end, organizations see that refugees and asylum seekers have access to the water necessary to survive desert conditions. Over 3,400 deaths have been documented since 1999, and all parties—Border Patrol, ranchers, Fish and Game, National Parks Service—agree they don't want anyone else to die.

I had plans to visit my son in Arizona for several weeks and went on-line to see if there was a way I could help the situation at the border. I signed up for a water run with an organization called Humane Borders. This group has over 60 watering stations scattered throughout the Arizona desert bordering Mexico. Humane Borders makes regular water runs to refill the bright blue, 50-gallon water drums at these sites, which are marked by a 30-foot pole flying a blue flag. Humane Borders has permission from all private, state, and federal landowners to maintain these sites.

Unfortunately, two days of monsoon rains, the likes of which I have never seen, led to the cancellation of the water run I had signed up for. The large water trucks used by Humane Borders could not get to the remote sites until the ground firmed up again. Their coordinator transferred me to the Tucson Samaritans, who use smaller vehicles and set out gallon jugs of water. From 7:30 a.m. until 5:00 p.m., I rode with Gail and two other volunteers as we bounced around off-road, setting out water, picking up discarded items and looking for anyone needing help.

According to Gail, anyone crossing the border must pay the cartels. The cartels then provide the refugees with camouflage shirts, pants, hats, backpacks, slippers made from shag carpet to leave no footprints, and a black plastic jug of water. (White plastic jugs show up under surveillance.) A coyote (guide) leads the group across the Mexican side of the desert to the end of the border fence and then the group is on their own. However, their payment to the cartels does give them three tries to cross successfully! Once across the border, asylum seekers discard their camouflage clothing and put on clothing they brought. They want to be picked up by the border patrol so they can submit their petitions for asylum, be processed, and begin the wait back across the border for their number to be called. Tucson organizations also help with feeding those waiting in Mexico.

If a humanitarian organization comes across such a group, they check if water, food, or medical treatment is needed. Foot injuries are a major issue. Everything in the desert is prickly. Then they call border patrol to let them know where to send a bus to pick up the group. Some groups have had up to 60 people. The volunteers also collect all discarded items.

Other undocumented immigrants that are trying to avoid discovery—mainly single men that have no basis to seek refugee status—can still legally be offered water by the volunteers, but they cannot be transported by a humanitarian organization. We met other volunteers throughout the day who were excited by the recent ruling of "not guilty" for Scott Warren. Scott, a volunteer for No More Deaths, had been charged with harboring undocumented refugees who had stopped for supplies at a staging area run by the organization.

We drove to the border crossing at Sasabe, AZ, and viewed the border fence that has been there for decades. New concertina wire has been added to the U.S. side of the fence. Then

we drove a few miles to the end of the fence where Normandy fencing continues to the foothills of the nearby mountains. Normandy fencing looks like what was on Normandy beaches

in World War II, and this is where the coyotes bring their clients to crawl under the fence.

Gail has been volunteering for some years and has taken government officials and journalists from several countries on this same run to view conditions firsthand. The two Toyota 4-Runners they use are named Joe and Josephine in honor of a sheriff who sued journalists for a story they wrote about his mistreatment of immigrants. The sheriff lost the lawsuit, and the money awarded the journalists was given to the humanitarian organizations, allowing Tucson Samaritans to buy their two vehicles.

Gail speaks to civic and school groups.

The New Oregon Trail, an official quarterly publication of the Oregon State Organization of the Delta Kappa Gamma Society Int'l. Marie Mueller, ed.

Her message focuses on seeing the humanity in these refugees, showing the personal items they brought to look their best as they came to ask the U.S. to take them in. One backpack she displays had two sets of clothing, one adult-size and the other for a child. Gail doesn't know why this clothing was not worn. Several times, Gail mentioned how proud she was of Tucson's response to this problem. Some have accused these humanitarian groups of pulling money away from organizations helping U.S. citizens, but records show even these organizations have seen an increase in giving in the Tucson area. Several groups mark sites where deceased immigrants have been found. One white cross marks where the body of an infant was left by parents along a paved road, hoping someone could offer the baby a decent burial. The site has become a shrine as passersby leave items on the cross. The undocumented immigrants usually carry no identification as per cartel instructions.

Many volunteers, such as Gail and I, believe Jesus would do this. But volunteers come from many religions and denominations, along with those having no religious affiliation, but see the issue as simply as seeing fellow human beings in need and addressing that need. A militia group in the area could be responsible for destroying water barrels and jugs; however, this group is being held in check. Many small stores in the area post signs stating, "Militia are not welcome."

The day was quite moving and emotional, and it put a personal face on the issue.

LIFE OF A DKG COLLEGIATE MEMBER

My name is **Emily Hickman.** In January 2019, I applied for the Dagmar Jeppeson Grant-in-Aid with hopes of receiving some financial relief for the coming academic year. I really had no idea how much the grant would be, but anything was helpful. Apparently I was the only person who even applied for it, so I was pleasantly surprised to find I had received the grant in full. While having a wonderful meeting with some of Delta Kappa Gamma's members, they explained to me what DKG is about. My eyes grew wide and DKG had my heart, along with its members, when they passionately proclaimed their love for women in education and told their stories of being educators themselves once upon a time.

After this first meeting, I stayed in contact with **Kathy Martell**, who was nice enough to be my sponsor for the Jeppeson Grant without meeting me beforehand. It seemed that my enthusiasm toward hearing about DKG had them talking about trying to add a collegiate member for the first time. Since I am not yet a teacher, I technically would not be able to join DKG until then. Luckily, I was welcomed in with open arms and was inducted into the Society on June 17, 2019.

Since being inducted into DKG, I am constantly being cheered on while facing the struggles of student teaching and finishing my senior year at Western Oregon University. The week before my first experience of teaching with my own lesson plans, I received letters from multiple members of Alpha Epsilon Chapter, giving me advice and words of encouragement. In all honesty, these letters were what got me through the term. Knowing that I had such a strong community there to support me really helped me through the hardest times.

Although I have not been able to involve myself with their meetings or other events this year, they have nonetheless been a support for me. They understand exactly what it is like to go through the process of finishing school and becoming a teacher. Not only are they great supports emotionally, but they have offered me aid with getting properly prepared with materials and lesson plans if there is ever a need for it. If I could recommend any future educator to join an educational society, Delta Kappa Gamma is definitely the one to choose. They are located internationally and have smaller chapters throughout the states and countries. They have so much more to offer, but this is all that I have witnessed first-hand. I look forward to my experiences in the future as a full member. I am honestly so excited to become a teacher with such a wonderful group of ladies to support myself and the community.

Emily Hickman
Elementary/Middle Education Major
Western Oregon University
Alpha Epsilon Collegiate Member

SOCIAL WELLBEING

Five Things You Should Stop Writing in E-Mails

Source: Used with permission. *The Alpha Xi Delta Alumnae Update* (6 December 2019): "A Clear Vision of Life: The Wellbeing Program: Social Wellbeing." Content designed by Natasha Jones, Volunteer Content Creator. (Very slightly edited by Marie Mueller.)

Communication via the Internet is quite a science: not necessarily the communication part, but the interpretation of it! How can you hear a tone or the person's intent? You can't. However, excising specific phrases from your vocabulary will ensure that you appear engaged, caring, and even impressive via e-mail...especially when you're sending it to a work colleague. Here are five things you should stop writing in e-mails and why:

1. "Just" -- Writing "just" in an e-mail can come off as passive or unconfident. You're never "just" checking in or "just" seeing. Using action words is always better in e-mail and shows the intent of your message.

2. "As Per My Last E-mail" -- Office talk for "can you read?" We've all received this cringe-worthy passive-aggressive e-mail that immediately puts people on the defensive. This phrase and any other translation of it should exit your vocabulary at all costs. Instead, try restating your point and give the recipient the benefit of the doubt. We've all missed key points from time to time!

3. "No Worries If Not" -- When checking in on a project or the status of a request, using this phrase does not assert any importance. If there were no worries, a check-up would be unnecessary. Instead, you can check in on the project/request while stating the urgency politely. For example, "Have you had a chance to review the items I sent over last week? Please review and return them to me by Monday at 1 p.m. so we can stay on track with the project deadline."

4. "Just Checking In..." -- While this phrase sounds caring, it can spark a bit of anxiety in someone who is struggling with a project. Instead, your "just checking in" is translated to "what's taking you so long?" Instead, be direct. For example, "I'd love to hear how 'Project XYZ' is coming along. Can you give me a status update by the end of the day?"

5. "Apologies For…" -- Most of the time, an apology is not needed, and if it is, it would be better in person. Instead of apologizing, thank the person for their patience as you have been working through things. This shows that you are taking responsibility for the error and genuinely care about their time.

Setting the tone of your work e-mails and making sure they don't rub your co-workers or your boss in the wrong way is important. Being clear, concise, and to the point in e-mails is essential to successful workplace communication. Eliminating these phrases from your e-mail vocabulary is the first step in the direction of being an expert e-mail communicator.

Tools Needed -- Keyboard, Internet connection, E-mail provider, and an open mind. Here's a challenge: Keep track of how many times you catch yourself writing one of the phrases; note how you switched it up. List commonly used phrases that come off "wrong" and suggest a change.

Resources
https://www.glassdoor.com/blog/never-say-in-email/
https://www.non-newz.com/10-email-phrases-that-make-you-sound-unprofessional/
https://www.workitdaily.com/email-phrases-to-avoid/just-checking-in

This provides helpful information for you and your students. It's adapted with permission from

APP-LY YOURSELF THIS WINTER

Audiology Associates of Southern Oregon, Inc. [Jeff Berg, Au.D., Craig Berg, Au.D., Cristin Dugan, Au.D.] (2019, Summer). Six mobile apps to exp-EAR-ience the season with gusto. *Sound News. 12*(2): 2-3.

Check out these six apps to help you (and your students) seize the season with optimal communication in mind.

1. Niosh Sound Level Meter https://apps.apple.com/us/app/niosh-sound-level-meter/id1096545820

Excess noise is one of the most preventable causes of hearing loss, making it important to know sound levels where you potentially spend a lot of time—at work—so you can curb your risk. Though it can't replace professional instruments or expert opinion, this app uses your compatible mobile device's built-in microphone to measure the sound level in your environment. Check out school assemblies, sporting events, band practice, gymnasium activities, and more—or your favorite restaurant or bar.

2. Soundprint https://www.soundprint.co/introducing-soundprint-2-0-beta-2/

The app takes noise measurement to a higher level. It couples its decibel meter with the ability to upload results to the user community via a searchable database. Users can look for restaurants, gyms, subways, and other areas by categories such as quiet, moderate, loud, or very loud sound ratings.

3. Hearing Aid Tic-Tac-Toe https://apps.apple.com/us/app/hearing-aid-tictactoe/id455095334

The World Health Organization estimates 34 million children live with disabling hearing loss. The app updates a classic game for a fun way to learn about hearing aids, including the names and functions of the various parts. It's important for those that are helped by hearing aids to get to know their devices—and for their friends to know and appreciate them, too. They learn their technology and can better report problems.

4. Marlee Signs https://apps.apple.com/us/app/marlee-signs/id566054855

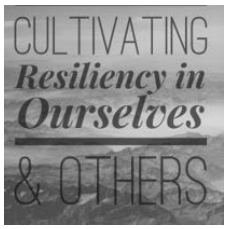
This app is for children and adults. It teaches basic American Sign Language (ASL) with Oscar-winning actress Marlee Matlin, who is deaf. There are other ASL-instruction apps available that help students explore finger-spelling, conversational signing, building vocabulary, helping babies communicate, and more.

5. Live Transcribe https://www.android.com/accessibility/live-transcribe/

Launched in February 2019, this is a Google app for Android-powered smartphones. It doesn't translate, but does transcribe in-person conversations in real time. Developed with Gallaudet University (renowned for its deaf and hard-of-hearing training), the app can turn speech from more than 70 languages and dialects into text on your phone's screen in seconds. It even supports bi-language chats, letting you toggle between languages.

6. AGX® Online Hearing Quiz (not an app) https://www.agxhearing.com/agx-online-hearing-quiz/

Available online, the new AGX Online Hearing Quiz at AGXhearing.com/AGX-Online-Hearing-Quiz/ was developed with audiology experts and takes only two minutes. It provides a quick snapshot of your general hearing ability, based on three aspects: (1) the listening environment, (2) the different tones you can hear, and (3) your ability to hear speech amid noise. It may indicate if you can benefit from further testing.



Cultivating Resiliency in Ourselves and Others

Oregon State Organization Conference
April 24-26, 2020
Oregon Garden Resort, 895 W. Main St., Silverton, Oregon

Please print name as you wish it to appear on badge.

Dr._____ _____
First name MI Last name

Address_____City_____State_____Zip_____

Phone_____-_____-_____ Email address_____Chapter_____

Please check all that apply:

____Current Chapter President	____State Exec. Officer (position)_____	____became a member in 1970
____Proxy for Chapter President	____State Committee (position)_____	____became a member in 1995
____Past State President	____Convention First Timer	____new member since 4/1/19

____Looking for a roommate to share hotel costs

Media Permission: Please check all that apply: I give permission for the use of the following in DKG Oregon State Organization publications & website: ____name ____photographs ____email ____phone number/s

Conference Registration

Registration Fee: Required for All Members:	**COST**		
AMOUNT			
Early Bird--Postmarked on or before **April 4, 2020**	$50.00		$_____
Postmarked after **April 4, 2020**	$60.00		$_____
		x Quantity	
Friday Afternoon Tours			
SILVER FALLS STATE PARK	**$5.00**	_____	$_____
(Active walking, fee for transportation and parking, 12:30 p.m., weather permitting)			
SILVERTON MURAL SOCIETY WALKING TOUR	**$5.00**	_____	**$_____**
(No host dinner at Mac's Place is additional and paid there)			
'TIQUES AND TEA IN SILVERTON	**$35.00**	_____	**$_____**
(Covers transportation, tea, and gratuity, 1:00 p.m.)			
FRANK LLOYD WRIGHT GORDON HOUSE	**$20.00**	_____	**$_____**
(Special 1-hour tour, 3:30 p.m.)			
Meals			
Saturday Lunch	**$25.00**	_____	$_____
Tailgate BBQ Lunch Buffet			
Features BBQ Grilled Chicken Breasts and Pulled Pork. Served with Moonstone Garden Salad, Baked Beans, Corn Kernels, Twice Baked Potatoes, Sweet Corn Bread, and Chocolate Brownies.			
Saturday Dinner	**$42.00**	_____	$_____
Northwest-Style Buffet			
Features Herb-Marinated Chicken Breasts and Northwest Salmon. Served with Organic Field Greens, Caesar Salad, Herb Roasted Potatoes, Seasonal Vegetables, and Chocolate Ganache Cake with a Hazelnut Crust.			

Make checks out to Oregon State Organization Conference 2020. **Total Amount Enclosed** $_____

**Please indicate if you need any special accommodations due to mobility, oxygen tank use, vision, meals, or other health concerns:_____

Cancellation Policy: *Written request for cancellation must be received by the registrar no later than April 15, 2020.*

Mail Registration & Check to
Bonita Fillmore
1803 Lancaster Avenue
Klamath Falls, OR 97601

INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS
DELTA KAPPA GAMMA™

For Registration Committee
Check #_____
Date of check_____
Date received_____

Return Address

The New Oregon Trail is a publication of the
Oregon State Organization of
The Delta Kappa Gamma Society International.
c/o
Vickie Jackson, Oregon Treasurer
235 S.E. C St.
Madras, OR 97441-1732

CONFERENCE WEBSITE:
https://dkgoregonconvention.weebly.com/

Darlene's Travels

Invite Darlene to join one of your chapter meetings or activities. Send a copy of your brochure or program guide or call 541-331-3282. E-mail dcook.dkg@gmail.com

11/11	Beta Beta Foundation Auction	Tigard
11/21	Beta Gamma meeting	Canby
11/21/19	Alpha Epsilon New Member Social	Salem
12/5	Eta Holiday Luncheon	Portland
12/9	Beta Beta Lasagna Dinner	Tigard
12/11	Chi Holiday Dinner	Milwaukie
12/14	Psi Christmas Tea	Forest Grove
12/14	Beta Beta Education Foundation Holiday Open House, Courtesy Sandy Bartnik	McMinneville
1/13	Alpha Epsilon **(tentative)**	Salem
1/29	Eta	Portland
2/1	Finance Committee Meeting	Salem
2/7	Conference Steering Comm. Meeting	Tigard
2/28	CTAUN	New York City, NY
3/15-18	National Legislative Seminar	Arlington, VA
4/14	Psi—Excellence in Action Celebration	Hillsboro
4/24-26	Oregon State Organization Spring Conference	Silverton
5/14	Alpha—Excellence in Education Award Celebration	Klamath Falls
7/7-11	International Convention	Philadelphia, PA